

Lap 1

1	Harrison McCartney	OD	OD Juniors	26:54
2	Alastair Thomas	WCOC	007 - OHMSS	26:59
3	Joe Woodley	AIRE	Cool AIRE	27:04
4	Matt Hartland	WCH	Happy B`day Mike + June	27:27
5	Aidan Rigby	CLOK	Beat the CLOK	29:07
6	Matt Fellbaum	MDOC	MDOC Ninjas	32:44
7	Jake Field	SYO	SYO 1	32:48
8	Euan Tebbutt	LEI	Ka-LEI-doscope	32:54
9	Roderick Mansel	SUFFOC	SUFFOC Juniors	34:44
10	Sam Yates	LOC	LOC Em UP	34:46
11	Jamie Hoyle	PFO	PFO Hawks	35:52
12	Tom Barber	LEI	LEI-surely Juniors	35:54
13	Nick Malbon	NOC	NOC Elite	36:12
14	Ed Calow	DEE	Dee-mons	40:07
15	Matthew Blackley	WCOC	Crazy Cumbrians	45:38
16	Yasmin Field	SYO	SYO 2	56:22
17	Kieran Betts	NOR	NOR	56:34
18	Joel Thetford	PFO	PFO/SELOC Eagles	80:59
mp	Angus Dobson	LOC	LOC-os	29:40
mp	Josh Partridge	SOS	SOS Juniors	36:42

Lap 2

1	Adam Bartlett	LOC	LOC-os	30:07
2	Pippa Dakin	SYO	SYO 1	32:14
3	Daniel Spencer	WCOC	007 - OHMSS	32:55
4	Stephen Elkington	OD	OD Juniors	34:13
5	Laura King	AIRE	Cool AIRE	35:12
6	James Mellor	NOC	NOC Elite	36:24
7	Ethan Tebbutt	LEI	Ka-LEI-doscope	37:36
8	Alice Rigby	CLOK	Beat the CLOK	37:43
9	Lachlan Chavasse	DEE	Dee-mons	38:23
10	Matthew Clarke	SUFFOC	SUFFOC Juniors	39:16
11	Harry Scott	LOC	LOC Em UP	39:16
12	Katherine Hall	SYO	SYO 2	39:55
13	Carolyn Hindle	MDOC	MDOC Ninjas	41:43
14	Sam Nicholls	NOR	NOR	46:41
15	Heather Craig	WCH	Happy B`day Mike + June	46:53
16	Callum Turner	SOS	SOS Juniors	51:32
17	Hannah Goldswain	PFO	PFO Hawks	52:11
18	Kate Skinner	WCOC	Crazy Cumbrians	60:23
19	Gabriel Rawlinson	LEI	LEI-surely Juniors	63:28
20	Rachael Smith	PFO	PFO/SELOC Eagles	101:47

Lap 3

1	Julie Emmerson	OD	OD Juniors	26:52
2	Katie Wright	LOC	LOC-os	28:22
3	Nick Wilson	LEI	LEI-surely Juniors	31:03
4	Loiuse Adams	SYO	SYO 1	34:08
5	Hannah Hateley	DEE	Dee-mons	34:17
6	Imogen Wilson	LEI	Ka-LEI-doscope	35:39
7	George Tanner	PFO	PFO Hawks	35:56
8	Laura Hindle	MDOC	MDOC Ninjas	37:00
9	Rebecca Aspin	CLOK	Beat the CLOK	39:02
10	Niamh Hunter	WCOC	007 - OHMSS	39:41
11	Joanna Smith	SYO	SYO 2	39:51

12	Matthew Hall	AIRE	Cool AIRE	41:41
13	Fiona Newby	LOC	LOC Em UP	42:51
14	Simon Warrener	NOC	NOC Elite	48:52
15	Ben Goodwin	WCOC	Crazy Cumbrians	56:52
16	Matthew Webb	NOR	NOR	57:10
17	Bronwen Mansel	SUFFOC	SUFFOC Juniors	60:07
18	Lucy Edwards	SOS	SOS Juniors	67:09
19	Amy Smethhurst	PFO	PFO/SELOC Eagles	108:40
mp	Alfie Spencer	WCH	Happy B`day Mike + June	112:57

Lap 4

1	Hanna Cleary-Hughes	LOC	LOC-os	19:42
2	Alastair Flynn	NOC	NOC Elite	21:55
3	Finn Miskin-Young	LEI	LEI-surely Juniors	22:08
4	Ronan Sahni	SYO	SYO 2	22:29
5	James McCann	MDOC	MDOC Ninjas	23:32
6	Anna Barber	LEI	Ka-LEI-doscope	23:51
7	Thomas Aspin	CLOK	Beat the CLOK	24:00
8	Megan Bartlett	LOC	LOC Em UP	24:17
9	Ollie Smith	SOS	SOS Juniors	26:57
10	Caitlin Irving	WCOC	Crazy Cumbrians	27:05
11	Holly Craig	WCH	Happy B`day Mike + June	27:12
12	Henry Teasdale	WCOC	007 - OHMSS	27:15
13	Josh Sammon	PFO	PFO/SELOC Eagles	27:33
14	James Thistlewood	NOR	NOR	27:54
15	Miles Gillard	AIRE	Cool AIRE	28:12
16	Lucy Wilson	PFO	PFO Hawks	32:20
17	Willow Moody	DEE	Dee-mons	39:57
18	Ellie Boot	OD	OD Juniors	41:58
19	Joe Field	SYO	SYO 1	43:11
20	Lauren Ramsey	SUFFOC	SUFFOC Juniors	48:31

Lap 5

1	Noah Howlett	LOC	LOC-os	9:48
2	River Edis-Smith	MDOC	MDOC Ninjas	10:00
3	Hamish Mills	SYO	SYO 1	11:01
4	Felix Lunn	OD	OD Juniors	11:08
5	Oliver Lunn	OD	OD Juniors	11:19
6	Ben Dempsey	MDOC	MDOC Ninjas	11:35
7	Joe Holland	WCH	Happy B`day Mike + June	12:20
8	Evie Conway	AIRE	Cool AIRE	12:30
9	Anna Harris	DEE	Dee-mons	13:40
10	Livia Wright	CLOK	Beat the CLOK	14:07
11	Nicholas Buckley	OD	OD Juniors	14:37
12	Ben Hammond	SUFFOC	SUFFOC Juniors	14:50
13	Ellie Simmonds	LOC	LOC Em UP	14:52
14	Megan Moon	SUFFOC	SUFFOC Juniors	14:57
15	Eleanor Ellis	PFO	PFO/SELOC Eagles	15:00
16	Jessica Beresford	NOC	NOC Elite	15:12
17	Billy Robinson	WCOC	Crazy Cumbrians	15:45
18	Holly Stogell	WCH	Happy B`day Mike + June	15:49
19	Joe Owens	SYO	SYO 2	15:52
20	Joseph Sunley	WCOC	007 - OHMSS	16:09
21	Carys Thomas	WCOC	Crazy Cumbrians	16:24
22	Philippa Bell	LOC	LOC Em UP	16:27
23	Felix Miskin-Young	LEI	Ka-LEI-doscope	17:02

24 Francis Hayes	LEI	Ka-LEI-doscope	17:05
25 Holly White	LEI	LEI-surely Juniors	17:36
26 Jack Hammond	SUFFOC	SUFFOC Juniors	18:24
27 Cerys Wrigley-Moss	SOS	SOS Juniors	18:55
28 Kaitlyn Daper	SOS	SOS Juniors	21:10
29 Victoria Love	SOS	SOS Juniors	21:14
30 Christian Wood	PFO	PFO Hawks	22:21
31 Reed Lydon	LEI	Ka-LEI-doscope	22:34
32 Katja Ruda	NOR	NOR	24:00
33 Jonty Goodwin	WCOC	007 - OHMSS	29:53

Lap 6

1 Alistair Thornton	MDOC	MDOC Ninjas	32:06
2 Finn Lydon	LEI	LEI-surely Juniors	35:08
3 Nathan Lawson	OD	OD Juniors	35:58
4 Hannah Cox	LEI	Ka-LEI-doscope	36:23
5 Tim Harrison	SUFFOC	SUFFOC Juniors	36:28
6 Sarah Jones	LOC	LOC-os	40:47
7 Rowan Lee	NOC	NOC Elite	41:17
8 Jack Cryer	PFO	PFO Hawks	42:38
9 Ella Gilbert	NOR	NOR	44:27
10 Gemma Cairns-Smith	WCH	Happy B`day Mike + June	46:18
11 Lucy Haines	AIRE	Cool AIRE	46:37
12 Dominic Dakin	SYO	SYO 2	50:03
13 Ellie Wright	CLOK	Beat the CLOK	52:21
14 Joe Goodwin	WCOC	Crazy Cumbrians	53:31
15 Alex O`Donovan	LOC	LOC Em UP	54:19
16 Katie Lowles	WCOC	007 - OHMSS	55:14
17 John-Henry Love	SOS	SOS Juniors	55:29
18 Connor Smith	DEE	Dee-mons	55:47
19 Therese Thetford	PFO	PFO/SELOC Eagles	76:29