

## Hull O Urban Race 21<sup>st</sup> July 2013

### A NopeSport National Urban League Event

#### Final Details

The logo for the Hull-O 2013 event, featuring the text "Hull-O" in a white, italicized font above the year "2013" in a white, bold font, all contained within a blue rectangular box.

#### Event Location & facilities

Assembly will be in the city centre adjacent to the fountain at the south western end of Queens Gardens. (Grid reference TA 097 288). This is approximately 300 metres walk from Albion Street Car Park. Leave by the eastern exit onto Bond Street and head in a south easterly direction, crossing George Street, you will see the fountain in front of you

Registration will operate from gazebos on hard standing. There are public toilets (from 10am) in Queen Victoria Square, 150 metres from assembly. There are a number of cafes and shops nearby. Bags and drinks can be left, at your own risk, in a manned gazebo. Luggage labels will be provided to attach to bags with entrants race number/name. Stickers can be provided for names to be assigned to drinks bottles.

#### Traveling to the Event

##### By public transport:

The rail and bus stations in Hull are located on the same site, the *Hull Paragon Interchange*. If you leave the station by the main entrance (eastern end) you will see a War Memorial on the opposite side of Ferensway (busy road). Cross Ferensway and take the road to the right of the War Memorial (Paragon Street). Follow this for 350 metres and you will arrive in Queen Victoria Square (toilets under the statue – well worth a visit). Continue straight through Queen Victoria Square and the fountain should be in front of you (a further 150 metres)

##### By Car:

##### Parking

The council operated surface car parks are free on Sundays. Note that street parking is not free on Sundays.

The following is a link to the Hull City Council car parking areas in the city centre.

[http://www.hullcc.gov.uk/portal/page?\\_pageid=221,99422&\\_dad=portal&\\_schema=PORTAL](http://www.hullcc.gov.uk/portal/page?_pageid=221,99422&_dad=portal&_schema=PORTAL)

Albion Street, Lowgate and the History Centre short stay car parks are all less than 10 minutes walk to Assembly. The nearest and largest is Albion Street (walking directions above).

Follow the A63 Clive Sullivan way into the city centre. Turn left at the first set of traffic lights, heading north along Ferensway. (The traffic lights are shortly after the A63 bends sharply left and then sharply right). Continue on Ferensway passing the rail station on your left, then get into the right hand lane. Approximately 400metres after the station, turn right into Spencer Street (this is just before the major junction with Freetown Way). At the end of Spencer Street turn right along Prospect Street. Take third left into Albion Street. The car park is on your right. Continue past the car park, turn right into Bond Street and the car park entrance is on your right.

#### Entries

Online entries via Fabian4 will be available up to 18th July. Online entry fees, £9 per event, with concessions for juniors & students and a discount (£3) for competitors entering both events online.

Entry on the day, £10 per event with concessions, subject to map availability.

If you have pre-entered and wish to change the course you have entered you should either call the day organiser (Amanda Ward 01430 421343 before 9pm on Saturday) or go to registration on Sunday to make the request. The registration team will then check the availability of maps for your chosen course. SI Card hire and pre-hired cards, together with pre-ordered event T shirts, will be available from Registration.

#### Times

Registration 10.00 – 12:00; Starts from 10:30 to 13:00

#### Race Numbers & Start Times

Race numbers will be allocated to all competitors and these should be collected from Registration. The race number is your Fabian4 entry number. **Please Note: If you are also entered for the YHOA Sprint Championships on Saturday, please retain your race number from that event, spare numbers will not be available.**

It has not been necessary to allocate start times, please arrive at the start when you are ready and if necessary queue for your course. Entrants will be started at minute intervals. Pre-entered competitors must report to the start official to confirm their presence.

#### Start and Finish

Both are within the immediate vicinity of the Assembly area. The Finish will not be manned.

#### Map and Control Descriptions

The map has been extended and updated by Neil Harvatt (ISSOM) at a scale of 1:4500. A legend will not be printed on the map (see [maprunner.co.uk](http://maprunner.co.uk) for ISSOM map symbols & IOF pictorial control descriptions). Maps for all courses will be printed on A3 water resistant paper. Courses will be overprinted with IOF pictorial control descriptions on the front. Loose control descriptions will be available in the Start lanes. Courses F and G will have text descriptions)

#### Terrain

Hull City centre is very flat and there will be no climb of any significance on the courses. The area consists of a partly pedestrianized area together with the narrow cobbled streets of the old town. Within the mapped area are the River Hull, the Marina and the Pier fronting onto the River Humber. All of the areas of water are uncrossable except by the marked bridges. Note that much of the walkways alongside the River Hull and the Marina are unfenced, (the junior courses will not visit the River Hull or The Marina.) The map is crossed from east to west by, the very busy, Castle Street (the extension of the A63). Castle Street can only be crossed using the underpasses marked. The courses have been planned to make this the sensible route. There are a number of bridges that will be encountered on the courses. These cross the River Hull as well as the Marina. There are no scheduled closures (to pedestrians) of any of the bridges on Sunday between 9am and 3pm. All of the road bridges have pedestrian walkways at either side which may be used by competitors. If there is an unscheduled closure of the bridge at the southern end of the marina, the lock gates either side are crossable. Be careful to pick the correct one!

#### Courses Lengths

Competitors may enter for any course they wish. However, in order to obtain points for the Yorkshire Urban League or compete for the Nopesport League, they must enter their correct age class.

Course A	Open Men (M18-M35)	8.1 km
Course B	Open Women (W18-W35) Veteran Men (M40+)	6.7km
Course C	Veteran Women (W40+) Super Veteran Men (M55+)	5.4km
Course D	Super Veteran Women (W55+) Ultra Veteran Men (M65+)	4.1km
Course E	Ultra Veteran Women (W65+)	3.0km
Course F	Junior Men (M16-) Junior Women (W16-)	3.0km
Course G	Young Junior Men (M12-) Young Junior Women (W12-)	2.0km

## Safety

- Please note that British Orienteering insurance and other liability insurances do not provide personal accident cover. It is a standard condition of British Orienteering events that participants take part at their own risk and are responsible for their own safety.
- All competitors need to be aware of other city centre users. In particular take care at corners and look up frequently. Remember pedestrians have as much right to be there as you have.
- All competitors should carry a whistle.
- All competitors must report to download, even if they do not complete their course.
- Traffic should be quite light on Sunday, however competitors should be alert at all times when crossing roads.
- There are two road crossings on Course F and G, these will be manned. These competitors must take notice of the marshal's instructions. Both crossings will be used twice (out and back).
- If wet, the cobbled streets and walkways are likely to be slippery, particularly those that pass under trees and are adjacent to shrubs.
- Take extra care alongside waterways, not all of the edges are fenced.
- There will be a First Aid Kit and a First Aid qualified person available from Registration.
- The nearest 24 hour A&E hospital is at Hull Royal Infirmary (Anlaby Road, HU3 2JZ, Tel: 01482-875875). Directions available at Registration.

## Results

Provisional results will be posted on-screen at Registration during the event.  
Final results will be published on the HALO website ([www.halo-orienteeing.org.uk](http://www.halo-orienteeing.org.uk)) as soon as practicable.  
RouteGadget will be used at this event.

## Cancellation

If it is necessary to cancel the event a notice will be posted on the HALO website. In addition, the organisers will endeavour to e-mail all pre-entered competitors.

## Acknowledgements

HALO would like to thank **Hull City Council** for permission to hold this event.

## Officials

**Planner:** Neil Harvatt  
**Controller:** Brian Slater  
**Organiser:** Amanda Ward ([ajward99@yahoo.com](mailto:ajward99@yahoo.com) 01430 421343)

**Hull-O Weekend Co-ordinator:** Neil Harvatt ([neil@neilharvatt1@orangehome.co.uk](mailto:neil@neilharvatt1@orangehome.co.uk))

*Thank you for supporting this event*