



Humberside and Lincolnshire Orienteers

Twigmoor Woods Sunday 23rd November 2014

UPDATED 20/11/14: Venue & Parking plus Assembly

VENUE and PARKING Easily accessed from Junction 4 of the M180 East of Scunthorpe. Signposted from the B1398 about 1km South of the A18 at grid ref SE943063 Parking is in a small field accessed from the minor road at Grid Ref SE932060; the nearest postcode is DN16 3RQ. Please drive slowly along the minor road as some competitors may be running along part of it. Parking is limited - please share transport where possible and park as directed by marshals. NB: When leaving the event, if you go back to the A18 you will be forced to travel West for 2km before being able to turn round. If you are heading for the motorway, an alternative route is through Scawby; turn right out of the car park, then right, left at the cross roads, left in Scawby and left on the A18 Note: there is very often a Mobile Speed Camera on Sunday mornings between J2 & J3 of M180. **ASSEMBLY &** The assembly area is in the same field as the parking and will contain FACILITIES registration, enquiries and portaloos. Blank maps will be on display at enquiries. There will be one start and two finishes which are all adjacent to the assembly field. Water will be provided near to download. Car keys can be left at enquiries. A first aid kit will be situated at enquiries, together with details of the nearest hospital. Dogs must be kept on a lead in the Assembly Area at all times and due to the presence of livestock under no circumstances should they enter the Finish Field used by the longer courses. **REGISTRATION &** Registration will be open 10:00 – 12:30. Entry on the Day Only **STARTS** Starts 10:30- 12:30. Courses close 2:30pm All courses have a punching start with no allocated start times **ENTRY FEES** Seniors £6.00 (£8 for non BO members) £2.00 Juniors e-punch hire £1.00

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COURSES					
	Course	Distance	Climb	Controls	
	White	1.9k	10m	14	
	Yellow	2.6k	10m	12	
	Orange	3.2k	20m	12	
	Light Green	3.6k	25m	14	
	Short Green	3.8k	35m	15	
	Green	4.7k	45m	20	
	Blue	6.0k	50m	27	
	Brown	7.6k	65m	28	
MAP & CONTROL	Course details are subject to final controlling. Courses White - Orange will finish just to the East of Assembly; all other courses finish just to the South. The Brown course will have a double sided map. A4 1:7500 5m contours. Surveyed November 2013. Maps will be pre-marked				
DESCRIPTIONS	and printed on waterproof paper. The Brown Course will have a double sided map. Control descriptions will be available at the start.				
TERRAIN	NEW AREA. Mixed woodland with some areas of open and some interesting contour detail. Due to the warm weather the undergrowth is higher than would normally be expected for this time of year with some areas of brambles and bracken; the courses have been planned to avoid the worst of these. Much of the area is open to the public and used by walkers and dog owners – please take care and be courteous to others in the area.				
SAFETY	Courses Green – Brown will have a route choice of using the minor road to the North – please take care and run on the verge. The road to the East of the area is Out of Bounds for your safety – courses have been planned so that you should have no need to use it. Courses Light Green - Brown will have a crossing point over a fence. There will be a control at this point to ensure all competitors only cross here – don't forget to punch. Please note that due to recent wet weather all wooden bridges, gates, stiles are very slippery – please take care.				
	All competitors must report to download in the assembly/registration area, even if they do not complete their course.				
	You are advised to carry a whistle.				
	The nearest hospital is Scunthorpe General Hospital, Cliff Gardens, Scunthorpe DN15 7BH				
	Please note that British Orienteering insurance and other liability insurances do not provide personal accident cover. It is a standard condition of British Orienteering events that participants take part at their own risk and are responsible for their own safety.				
ACKNOWLEDGEMENTS	Thank you to the Nelthorpe Estate for the use of the area and car park				
OFFICIALS	Planner Pete	ena Crutchl er Harris an Slater	ley Helen	aATrainow	globalnet.co.uk 077918 76571.
NEWCOMERS	Newcomers are registration for a		lcome at H	ALO events	s. Bring a compass and ask at