

Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		HALO Humberside & Lincolnshire Orienteers	
Name of person completing this form	Ken Hutson	Position of person completing this form (coach, organiser etc)	Organiser
Venue for session / event / activity	Swinemoor, Beverley Night Event	Date for session / event / activity	12/12/2015 evening from 17:00
Name of person in charge of session / event / activity		Ken Hutson	
Risk assessment signed	<i>Ken Hutson</i>	Risk assessment dated	11/12/2015
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc):		B Slater Controller
	12/12/2015		

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: TA046403	Place from which signed: Swinemoor Lane, Beverley
Nearest A&E hospital:	Name and Post code: Hull Royal Infirmary (Anlaby Road) (HU3 2JZ) (01482-875875)	Map available (where): B Slater Volvo AJ61 FYV in Car Park
Working telephone:	Landline or mobile: If mobile (reception checked?) YES	Number: 07751-481332 B Slater Controller
First Aid cover	Name of first aider: B Slater	Located where? Car Park, Colonial House, Beverley Ind Estate

The Risk Assessment

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
<p>In area to be used (indoor / outdoor): Uneven ground Bushes brambles, trees, twigs</p> <p>Water, ditches, boggy areas</p>	<p>Tripping likely but not usually severe Scratches to legs etc Eye damage</p> <ul style="list-style-type: none"> • Injuries resulting from immersion in water • Injuries resulting from slips and falls <p>Severity high, likelihood minimal if controls implemented.</p>	<p>Participants take part at their own risk. Competitors advised to wear leg protection, gaiters, long socks for Cross Country events.</p> <p>Some water may be deep i.e. 1 metre. Main areas of water are on the map.</p> <ul style="list-style-type: none"> • Competitors instructed not to wade across ditches containing a high water level. Drain must not be crossed (KH/Start Marshalls) • Area monitored on the day/night and additional verbal warning to all competitors by Start Marshalls, as necessary. (KH)
<p>Participants Competitor off course/ lost/ disorientated/fatigued/injured All ages</p>	<p>Injuries to a competitor resulting from incident (slip, trip,fall) in the area not seen by another competitor</p> <p>Severity high, likelihood minimal if controls implemented.</p>	<ul style="list-style-type: none"> • Procedure for competitors travelling alone (KH) • Procedure for ensuring all competitors have returned from their courses (BS/KH) Juniors (inexperienced) may be accompanied by experienced adults, • Night event for experienced orienteers only. No Under 16's allowed unless accompanied by an experienced adult. • If lost competitors advised to: Travel West to the perimeter fence, then go North if industrial buildings, go South if houses are seen – that will return to Start area. • In the event of a competitor not returning to download, British Orienteering Missing Runner Search Plan will be implemented. • Whistles compulsory.

<p>Other people/activities in area Dog walkers Horses, cattle</p> <p>Ramblers/strangers Cyclists</p>	<p>Dog bites, collision with horses, cattle.</p> <p>Collision causing scratches bruises.</p> <p>Severity high, likelihood minimal if controls implemented.</p>	<p>Dog walkers are unlikely after dusk. Horses unlikely after dusk. No farm animals grazing the area in December</p> <p>It highly unlikely that anyone other than orienteers will be in the area after dusk.</p>
<p>Weather Snow Rain</p>	<p>Significant snowfall Thunder and lightening Exposure</p> <p>Severity high, likelihood minimal if controls implemented.</p>	<ul style="list-style-type: none"> • Weather forecast monitored regularly (KH/BS) • Goggles may be mandatory (BS) • Event cancelled if conditions either increase the level of risk to an unacceptable level for those travelling to the event and / or competitors taking part in the area e.g. heavy snowfall (BS) • Visual check by Start Marshals that clothing is appropriate. Goggles may be compulsory.
<p>Equipment Electrical equipment / cables in the tent being used for the event for the event Registration.</p>	<p>Injuries as a result of trips & falls</p> <p>Severity moderate, likelihood minimal if controls implemented.</p>	<ul style="list-style-type: none"> • Equipment set up by HALO members with considerable previous experience. (BS/KH/NH) • Cables stored mainly under tables and will not be where competitors or any other person will be walking. (BS/KH). • Tent guys (if applicable) near entrance taped. (KH)