

11th October 2016 Victoria Dock Village (VDV) (Start from The Goldcrest) **Risk Assessment for Orienteering**

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		Humberside and Lincolnshire Orienteers	
Name of person completing this form	Paul Simmons	Position of person completing this form (coach, organiser etc)	Organiser
Venue for session / event / activity	Victoria Dock Village. Roads and paths.	Date for session / event / activity	Tuesday October 11 th 2016
Name of person in charge of session / event / activity		Paul Simmons	
Risk assessment signed		Risk assessment dated	30 th September 2016
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc): N Harvatt Coach		
	Sign and date:		

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: The Goldcrest HU9 1PW	Place from which signed: The Goldcrest Inn
Nearest A&E hospital:	Name and Post code: Hull RI, Anlaby Road, Hull, HU3 2JZ 01482 875875	Map available (where): With organiser (PS)
Working telephone:	Landline or mobile: If mobile (reception checked?) Mobile reception available	Number: 07980-906994 (PS mobile)
First Aid cover	Name of first aider: Neil Harvatt/Brian Slater	Located where? The Goldcrest, VDV,

The Risk Assessment (Victoria Dock Village Orienteering, Tuesday 11th October 2016)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
In area to be used (indoor / outdoor): Outdoors Water Traffic Wire / ruined fences Uneven surfaces on the course Uneven surfaces Car park, etc Undergrowth/tree branches Slippery surfaces	Low risk – medium/high severity Low risk – medium/high severity Low risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity	The rivers/docks are clearly marked on the map. The dock sides are fenced. Warning to be given to competitors. All courses will cross roads, competitors to be warned. The A63 is clearly marked, no courses cross this road. No under 16's allowed to take part unaccompanied. All known ruined fences are marked on the map. Competitors aware – all events have uneven surfaces Competitors aware – not a significant issue. Warnings to participants about slippery ground if required.
Participants Clothing/shoes/equipment Unexpected reactions/allergies Competitors not returning	Low risk - low severity Low risk - low severity Low risk - high severity	Competitors checked by Starter that they are correctly equipped. (Advised to wear reflective clothing and take head torches) First Aid Kit at registration, phone ambulance if required. Register maintained of starters, search procedure implemented if required.

<p>Other people/activities in area</p> <p>Pedestrians/dog walkers, etc</p> <p>Stranger Danger</p>	<p>Low risk - low severity</p> <p>Low risk – high severity</p>	<p>Competitors to be warned to take care running round corners, etc. To be advised to look up frequently to avoid traffic and other collisions.</p> <p>No under 16's taking part unless accompanied</p>
<p>Weather</p> <p>Darkness</p> <p>Bad weather (wet/cold)</p> <p>Heat</p>	<p>Low risk - low severity</p> <p>Medium risk - medium severity</p> <p>Low risk - medium severity</p>	<p>Competitors to have head torches if starting towards end.</p> <p>Check clothing is appropriate for weather. (Starter) Cancel event if conditions poor.</p> <p>Advise participants to be hydrated. (Organiser)</p> <p>Organiser (NH) to check weather forecast prior to event</p>
<p>Equipment</p> <p>Computer equipment</p>	<p>Low risk - low/medium severity</p>	<p>Cabling to be kept tidy, all connections to be secure.</p>

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

<p>Area to be used: Indoors</p> <ul style="list-style-type: none"> • Floor surface • Other equipment/obstacles • Shared use (dining room / other activities) 	<p>Area to be used: Outdoors</p> <ul style="list-style-type: none"> • Uneven surfaces • Slopes/steps • Slippery surfaces • Tree roots/branches • Vegetation (prickly, stinging) • Wire / ruined fences • Walls to be climbed • Litter (glass, used needles) • Water (streams, rivers, ponds) • Cliffs / crags • Traffic (including road crossings) • Rail / tram lines • Mineshafts / caves • Military debris 	<p>Equipment:</p> <ul style="list-style-type: none"> • Pencils in hand when running • Pin punches • Cane tops • Tent guys • Electrical equipment – cables • Generators • Cooking equipment
<p>Participants:</p> <ul style="list-style-type: none"> • Clothing / shoes • Existing medical conditions • Unexpected reactions/allergies • Disorientation • Tiredness 	<p>Other people / activities in area:</p> <ul style="list-style-type: none"> • Walking dogs • Cyclists • Horse riders • Forestry operations • Park maintenance • Shooting / archery • Golf • Stranger danger 	<p>Weather:</p> <ul style="list-style-type: none"> • Cold / heat • Rain / snow / hail • Excessive wind • Lightning