

## Risk Assessment for Orienteering



Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

<b>Name of Club / satellite club name / after school club</b>		Humberside and Lincolnshire Orienteers	
<b>Name of person completing this form</b>	Neil Harvatt	<b>Position of person completing this form (coach, organiser etc)</b>	Organiser
<b>Venue for session / event / activity</b>	Oak Road Playing Fields, Hull BOF Reg No 2017 - 71885	<b>Date for session / event / activity</b>	Tuesday February 7 <sup>th</sup> 2017 5pm to 8pm (after dark)
<b>Name of person in charge of session / event / activity</b>		Neil Harvatt	
<b>Risk assessment signed</b>		<b>Risk assessment dated</b>	6 Jan 2017
<b>Risk assessment checked by (name, position and date)</b>	<b>Print name &amp; position (coach mentor, controller etc):</b> Neil Harvatt, Coach		
	<b>Sign and date:</b>		

### Emergency Information

<b>Emergency access point (for emergency vehicles)</b>	<b>Post code / grid reference:</b> Grid Ref TA089319 Oak Road Entrance	<b>Place from which signed:</b> Road
<b>Nearest A&amp;E hospital:</b>	<b>Name and Post code:</b> Hull Royal Infirmary (Anlaby Road) (HU3 2JZ) (01482-875875)	<b>Map available (where):</b> Registration Car
<b>Working telephone:</b>	<b>Landline or mobile:</b> <b>If mobile (reception checked?)</b> Signal to be checked prior to event.	<b>Number:</b> 07800-78455 (NH mobile)
<b>First Aid cover</b>	<b>Name of first aider:</b> Neil Harvatt/Mary Carrick	<b>Located where?</b> At Registration Car

**The Risk Assessment** (Oak Road Playing Fields, North Hull, Tuesday February 7<sup>th</sup> 2017)

**It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.**

**NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.**

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> <li>• What control measure?</li> <li>• Who is responsible?</li> </ul>
<b>In area to be used (indoor / outdoor):</b> Outdoors Slopes  Water  Wire / ruined fences  Uneven surfaces on the course Uneven surfaces Car park, etc  Undergrowth/tree branches  Slippery surfaces  Traffic	Low risk – low/medium severity  Low/medium risk – low/medium severity  Low risk – low/medium severity  Low risk – low/medium severity Low risk – low/medium severity  Low risk – low/medium severity  Low risk – low/medium severity  Low risk –medium/high severity	Competitors aware of position of slopes - they are marked on the map with standard symbols. (Resp – Mapper NH)  The positions of the River Hull on the boundary and the ponds and wet areas within the area are marked on the map.  All known fences and ruined fences are marked on the map.  Competitors aware – all events have uneven surfaces If in car-park, notice posted in final details (Responsibility – Organiser NH)  Competitors aware – all events in wooded areas have branches/undergrowth.  Warnings to participants about slippery ground.  No vehicular access to the playing fields at this time of the evening.
<b>Participants</b> Clothing/shoes/equipment  Unexpected reactions/allergies  Competitors not returning	Low risk - low severity  Low risk - low severity  Low risk - high severity	Competitors checked by Starter that they are correctly equipped, including head torches. First Aid Kit at registration, phone ambulance if required.  Register maintained of starters, search procedure implemented if required.

<b>Other people/activities in area</b>		
Dog walkers	Low risk - low severity	Unlikely at this time of night - competitors to be made aware of possibility. (Organiser – NH)
Stranger Danger	Low risk – high severity	Young inexperienced runners to be accompanied. Advise not to talk to strangers unless wearing yellow BOF bib.
<b>Weather</b>		
Bad weather (wet/cold)	Medium risk - medium severity	Check clothing is appropriate for weather. (Starter) Cancel event if conditions poor.
Heat	Low risk - medium severity	Advise participants to be hydrated. (Organiser)  Organiser (NH) to check weather forecast prior to event ( )
<b>Equipment</b>		
Computer equipment in car Stakes (pointed to go in ground)	Low risk - low/medium severity Low Risk – Low severity	Cabling to be kept tidy, all connections to be secure. Anyone carrying them to be advised to carry point down.

**Examples of hazards with the potential to cause harm**

**NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.**

<p><b>Area to be used: Indoors</b></p> <ul style="list-style-type: none"> <li>• Floor surface</li> <li>• Other equipment/obstacles</li> <li>• Shared use (dining room / other activities)</li> </ul>	<p><b>Area to be used: Outdoors</b></p> <ul style="list-style-type: none"> <li>• Uneven surfaces</li> <li>• Slopes/steps</li> <li>• Slippery surfaces</li> <li>• Tree roots/branches</li> <li>• Vegetation (prickly, stinging)</li> <li>• Wire / ruined fences</li> <li>• Walls to be climbed</li> <li>• Litter (glass, used needles)</li> <li>• Water (streams, rivers, ponds)</li> <li>• Cliffs / crags</li> <li>• Traffic (including road crossings)</li> <li>• Rail / tram lines</li> <li>• Mineshafts / caves</li> <li>• Military debris</li> </ul>	<p><b>Equipment:</b></p> <ul style="list-style-type: none"> <li>• Pencils in hand when running</li> <li>• Pin punches</li> <li>• Cane tops</li> <li>• Tent guys</li> <li>• Electrical equipment – cables</li> <li>• Generators</li> <li>• Cooking equipment</li> </ul>
<p><b>Participants:</b></p> <ul style="list-style-type: none"> <li>• Clothing / shoes</li> <li>• Existing medical conditions</li> <li>• Unexpected reactions/allergies</li> <li>• Disorientation</li> <li>• Tiredness</li> </ul>	<p><b>Other people / activities in area:</b></p> <ul style="list-style-type: none"> <li>• Walking dogs</li> <li>• Cyclists</li> <li>• Horse riders</li> <li>• Forestry operations</li> <li>• Park maintenance</li> <li>• Shooting / archery</li> <li>• Golf</li> <li>• Stranger danger</li> </ul>	<p><b>Weather:</b></p> <ul style="list-style-type: none"> <li>• Cold / heat</li> <li>• Rain / snow / hail</li> <li>• Excessive wind</li> <li>• Lightning</li> </ul>