

Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		Humberside and Lincolnshire Orienteers	
Name of person completing this form	Paul Simmons	Position of person completing this form (coach, organiser etc)	Planner
Venue for session / event / activity	Beverley North BOF Reg No 2017 - 72636	Date for session / event / activity	Tuesday 12 th September 2017 5pm to 8:30 (potentially dark for collectors)
Name of person in charge of session / event / activity		Paul Simmons	
Risk assessment signed	31/8/2017	Risk assessment dated	31 st August 2017
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc): Brian Slater, Coach		
	Sign and date:		

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: Hayride Pub, Grange Way, Beverley, East Riding of Yorkshire HU17 9GP TA030413	Place from which signed: Grange Way, Beverley
Nearest A&E hospital:	Name and Post code: Hull Royal Infirmary (Anlaby Road) (HU3 2JZ) (01482-875875)	Map available (where): Registration: Hayride Pub
Working telephone:	Landline or mobile: If mobile (reception checked?) Mobile Reception available.	Number: 07980 906994 (PS mobile)
First Aid cover	Name of first aider: Neil Harvatt/Brian Slater	Located where? At Registration

The Risk Assessment (North Beverley, 12th September 2017)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
In area to be used (indoor / outdoor): Outdoors Wire/ Ruined Fences Uneven surfaces on the course Uneven surfaces Car park, etc Undergrowth/tree branches Slippery surfaces Traffic	Low risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity Low risk –medium/high severity	All known ruined fences are marked on the map (Resp: Mapper) Competitors aware – all events have uneven surfaces Competitors aware – all events in wooded areas have branches/undergrowth – not a significant issue at this event Warnings to participants about slippery ground in the event of rain All courses will cross roads, competitors to be warned (Resp: Planner PS).
Participants Clothing/shoes/equipment Unexpected reactions/allergies Competitors not returning	Low risk - low severity Low risk - low severity Low risk - high severity	Competitors checked by Starter that they are correctly equipped First Aid Kit at registration, phone ambulance if required. Register maintained of starters, search procedure implemented if required.
Other people/activities in area Dog walkers	Low risk - low severity	Unlikely at this time of night - competitors to be made aware of possibility. (Organiser – NH)

Stranger Danger	Low risk – high severity	Young inexperienced runners to be accompanied by a responsible adult(s)
Weather Bad weather (wet/cold)	Medium risk - medium severity	Check clothing is appropriate for weather. (Planner: PS) Cancel event if conditions poor.
Heat	Low risk - medium severity	Advise participants to be hydrated if the weather is hot. (Planner:PS) Planner (PS) to check weather forecast prior to event
Equipment Computer equipment in car Stakes (pointed to go in ground)	Low risk - low/medium severity Low Risk – Low severity	Cabling to be kept tidy, all connections to be secure. Anyone carrying them to be advised to carry point down.

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

<p>Area to be used: Indoors</p> <ul style="list-style-type: none"> • Floor surface • Other equipment/obstacles • Shared use (dining room / other activities) 	<p>Area to be used: Outdoors</p> <ul style="list-style-type: none"> • Uneven surfaces • Slopes/steps • Slippery surfaces • Tree roots/branches • Vegetation (prickly, stinging) • Wire / ruined fences • Walls to be climbed • Litter (glass, used needles) • Water (streams, rivers, ponds) • Cliffs / crags • Traffic (including road crossings) • Rail / tram lines • Mineshafts / caves • Military debris 	<p>Equipment:</p> <ul style="list-style-type: none"> • Pencils in hand when running • Pin punches • Cane tops • Tent guys • Electrical equipment – cables • Generators • Cooking equipment
<p>Participants:</p> <ul style="list-style-type: none"> • Clothing / shoes • Existing medical conditions • Unexpected reactions/allergies • Disorientation • Tiredness 	<p>Other people / activities in area:</p> <ul style="list-style-type: none"> • Walking dogs • Cyclists • Horse riders • Forestry operations • Park maintenance • Shooting / archery • Golf • Stranger danger 	<p>Weather:</p> <ul style="list-style-type: none"> • Cold / heat • Rain / snow / hail • Excessive wind • Lightning