

Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		Humberside and Lincolnshire Orienteers	
Name of person completing this form	Pete Shew	Position of person completing this form (coach, organiser etc)	Planner
Venue for session / event / activity	Brigg BOF Reg 2017 72637	Date for session / event / activity	Tuesday 19th September 2017 5pm to 8:30 (potentially dark for collectors)
Name of person in charge of session / event / activity		Pete Shew	
Risk assessment signed		Risk assessment dated	5 th September 2017
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc):		
	Sign and date:		

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: Black Bull Pub, Brigg, North Lincolnshire DN20 8JD TA000072	Place from which signed:
Nearest A&E hospital:	Name and Post code: Scunthorpe General Hospital, Cliff Gardens, DN15 7BH 01724 290159	Map available (where): Registration: Black Bull Pub
Working telephone:	Landline or mobile: If mobile (reception checked?) Mobile reception OK	Number: 07818047111 (PS mobile)
First Aid cover	Name of first aider: Neil Harvatt/Brian Slater	Located where? At registration

The Risk Assessment (Brigg, 19th September 2017)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
In area to be used (indoor / outdoor): Outdoors: Wire/ruined fences Uneven surfaces Undergrowth/tree branches Slippery surfaces Traffic	Low risk – low/medium hazard Low risk – low/medium hazard Low risk – low/medium hazard Low risk – low/medium hazard Medium risk – medium/high hazard	Non known Competitors aware – typical urban environment Competitors aware – no woodland areas, limited unpaved paths Warning will be given at the start if wet or rainy conditions Route choices are likely to cross a major road. Competitors will be warned at the start and advised to note safe crossing places marked on the map.
Participants Clothing/shoes/equipment Unexpected medical conditions Competitors not returning	Low risk – low hazard Low risk – low hazard Low risk – high hazard	Competitors to advised at the start that reflective clothing should be worn and lights to be taken for later starters. First Aid kit at registration. Escalation to A&E or ambulance Register of starters/finishers will be maintained at registration. Query of boxes can be done to investigate further. Search procedure can be implemented if required.
Other people/activities in area Pedestrians / dog walkers Stranger danger	Low risk – low hazard Low risk – high hazard	Unlikely to be many during the event. Competitors advised at the start to be careful rounding blind corners. Starter/planner (PS) Juniors are required to be accompanied by a responsible adult.

Weather Bad weather (wet/cold) Heat	Medium risk - medium severity Low risk – medium severity	Starter/ planner (PS) to check clothing is suitable. Cancellation if severe conditions. Advise competitors to be hydrated – starter/planner (PS)
Equipment Computer equipment in Pub	Low risk – low/medium hazard	Equipment to be securely mounted and cabling to be kept tidy and away from through routes.

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

<p>Area to be used: Indoors</p> <ul style="list-style-type: none"> • Floor surface • Other equipment/obstacles • Shared use (dining room / other activities) 	<p>Area to be used: Outdoors</p> <ul style="list-style-type: none"> • Uneven surfaces • Slopes/steps • Slippery surfaces • Tree roots/branches • Vegetation (prickly, stinging) • Wire / ruined fences • Walls to be climbed • Litter (glass, used needles) • Water (streams, rivers, ponds) • Cliffs / crags • Traffic (including road crossings) • Rail / tram lines • Mineshafts / caves • Military debris 	<p>Equipment:</p> <ul style="list-style-type: none"> • Pencils in hand when running • Pin punches • Cane tops • Tent guys • Electrical equipment – cables • Generators • Cooking equipment
<p>Participants:</p> <ul style="list-style-type: none"> • Clothing / shoes • Existing medical conditions • Unexpected reactions/allergies • Disorientation • Tiredness 	<p>Other people / activities in area:</p> <ul style="list-style-type: none"> • Walking dogs • Cyclists • Horse riders • Forestry operations • Park maintenance • Shooting / archery • Golf • Stranger danger 	<p>Weather:</p> <ul style="list-style-type: none"> • Cold / heat • Rain / snow / hail • Excessive wind • Lightning