

HALO NEWS

The Newsletter of Humberside & Lincolnshire Orienteers

February 2011



This year's OSCAR for best picture goes to

“The distinctive tree”

Photo - Amanda Ward

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Venetian Delights by Helen Smith

After a holiday trip to Venice in early 2008 I decided that I would definitely be going back for the City Race sometime. That sometime was in November 2010 and after a somewhat lengthy delay sitting on the floor of East Midlands airport Neil and I eventually arrived in Venice and met up with the advance HALO party of Ken, Janet, Brian and Ingrid in time for dinner. A dinner which was enjoyed by all, except Brian who thought his fish pie lacked fish! Not to worry though we topped up with ice cream for dessert on the way back to the hotel (this was to become a recurring event over the weekend)

Saturday morning saw Team HALO head out to St Elena for some intensive(?) coaching at the model event. We had fun with map memory (which I was rubbish at) and trying to translate the key so that we knew what we were looking for. Lampioni was easy to translate though we had to navigate right to an Aste before we knew what it was!

Then it was time for more gastronomic delights as (after careful calculation of the time before my start) I demolished a pizza :-)

Strangely nerves began to set in before the Park Race in the afternoon where I had the first HALO start but as soon as I picked up my map I forgot about the nerves and got on with enjoying myself (although did regret the pizza!). The race map was identical to the model event area so I knew my way round quite well and was able to ignore some detail and navigate by the big landmarks. The race was 3.7kms and I was delighted with my time of 32, especially when I measured my actual distance at 5kms (the fact that I was two thirds of the way down the results is not at all important to me) At the finish they were ready with warm drinks and biscuits and it was warm enough to stand and wait for the later starting Neil, Ken and Brian to finish shortly afterwards.

En route back to the hotel we decided to stop off for a refreshing beer which quickly turned into 2 and almost a new mortgage when we came to pay... Lesson learned: always ask how much the beer is in Venice!! Dinner in a restaurant highly recommended by Brian's guidebook which met the high expectations, followed by more ice cream by the Grand Canal and an early night to sleep well before The Big Race.

Headed out to the event centre with Neil navigating through the streets and canals behind the hotel. Hearing some noise we looked left and one bridge up from us there were groups of people racing across the bridge, straight out of the start. Having plenty time we decided to walk up

(Continued on page 4)

(Continued from page 3)

and spectated for a while. It was only then that I realised just how big a race it was when I saw a marquee housing all the start lanes with probably 10 people starting each minute. There were almost 4000 entrants. With start times getting closer we headed out to the waterfront event centre and checked out the last control and run in.

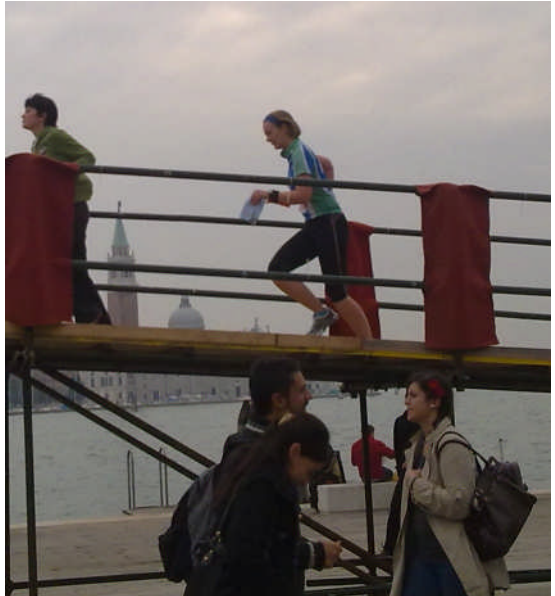
I already knew that I had a course of 7.3kms and on picking up my descriptions discovered a note of 53 in the box where you would expect to see your climb. How odd when I expected being basically at sea level there'd be no climb... No more time to dwell on that, I was off into the intricate maze of central Venice and faced with a 1.5km leg to number 1! Relatively easy first 500metres, back past the hotel which was a good landmark to look for, and then next onto the Rialto Bridge just a couple of hundred metres away and into the tourist masses. These areas are denoted by a brown screen across the streets which is the equivalent of light green on a normal



map, ie slow run! This is where the recommended shouting of "Scusi" started and continued for the next 80minutes. The leg took me right through the central tourist area and then beyond into more quiet local streets where I finally reached 1, and then with a succession of butterflies also visited it as 4 and 8. Lots of "in and out" controls in dead ends meant a lot of dodging and

weaving around orienteers but at least we weren't troubled by tourists in this area.

After 8 I had another long route choice leg across to the north coast and after a little deliberation decided that I was wasting too much time thinking about it so took first route option and still can't tell which was the best route - there are 3 key bridges across the Grand Canal and choosing the right one is very important. 11 to 14 were in a close loop and I became aware that I was in a race with a girl on my course as we kept bumping into each other, alternately taking the lead. I was very tired by this point but the competition spurred me on to keep running through the longer 15 and 16 before we turned for home (well, the lagoon edge). There are large stepped bridges across the canal ends as they enter the lagoon but these also have scaffolding ramps built over them so I opted for the ramps up and over the final 2 bridges, punched the last control and then the long (well, it felt long!) run in.



I measured my route at over 11kms and only discovered when I returned home that the 53 on the descriptions had referred to number of bridges on the optimum route. Once again I was well down the results but having covered such a distance, without mistakes, with a decision to make at least every 100metres, I was pleased. It was very easy to lose contact with the map and less easy to find contact again with all streets looking identical and I saw plenty people scratching their heads. I described the race when I finished as the best I'd ever done - nothing to do with speed or a sparkling result but much more to do with the most incredible amount of concentration required throughout the entire duration of the competition. The only time I stopped looking at my map was once I hit the lagoon edge for the last 500 metres.

We ended the weekend with yet more food, and, importantly, ice cream (dark chocolate has become my favourite) and a little time for sightseeing on Monday morning before the flight back.

Definitely a weekend to be both recommended and repeated :-)

New year's Day Event

Many thanks to Brian and Amanda for organising an excellent New Year's day event and Social. Despite hangovers, over 30 members and friends attended, which as someone pointed out was more than attended the AGM! Probably because the AGM was DIY catering, whereas today the Wards had done us proud with an impressive range of hot food.

Neil Harvatt

Brian was somewhat apologetic before the Event about the quality of the mapping. He had no need to apologise as the hours he had put in produced a first class map which has certainly raised the bar for future New Year Days Events.



Joe checking his route choice with the head coach



Sprint to the finish

The seeding and score penalties worked out extremely well. With arguably the most important team members being the slowest. Well done the Wards for working out the handicapping. The secure system of fixing SI units also reduced the chance of theft, and so made this urban orienteering much more viable. JF



Photos -

Brian Ward

Results on next page

What a good turnout !!

New Year's Day Team Results

	seed- ing	controls	points	time	penalty points	team score	team time
Charlotte Ward	A1	16	160	41:14	0		
Paul & George Van Dam	B2	12	240	44:30	0		
Margaret Fulwood	C3	7	210	43:08	0		
			610		0	610	128:52:00
Neil Harvatt	A2	15	150	42:58	0		
Marcia Bradbury	B3	11	220	38:23	0		
John Chaney	C1	7	210	43:33	0		
			580		0	580	124:54:00
Dean Field	A2	15	150	44:11	0		
Mary Carrick	B3	8	160	40:01	0		
Amber Harris	C1	8	240	40:39	0		
			550		0	550	124:51:00
Paul Bradbury	A3	15	150	47:54	90		
David Ward	B1	13	260	43:31	0		
Isoldt Harris	C2	7	210	43:48	0		
			620		90	530	135:13:00
Adam Bradbury	A2	15	150	45:23	30		
Brian Slater	B3	8	160	38:16	0		
Yasmin Field	C1	8	240	41:07	0		
			550		30	520	124:46:00
Simon Bradbury	A1	13	130	42:57	0		
Paddy Neligan	B2	10	200	44:15	0		
Maria & Emma Van Dam	C3	5	150	35:12	0		
			480		0	480	122:24:00
Pete Harris	A3	14	140	48:02	120		
Mike Smith	B1	10	200	42:42	0		
Rosie & Joe Field	C2	8	240	34:17	0		
			580		120	460	125:01:00
Jake Field	A3	14	140	47:04	90		
John Fulwood	B1	11	220	46:59	40		
Dorothy Smith	C2	8	240	45:27	10		
			600		140	460	139:30:00
Zac Field	A1	12	120	43:52	0		
Ken Hutson	B2	10	200	46:44	40		
Fran Humphrey	C3	5	150	43:09	0		
			470		40	430	133:45:00

CompassSport Trophy 2011

January 30th Silton nr Northallerton

Thank you to all the HALO runners who took part in a very physical event at Silton in CLOK land. The area was on the western slopes of the North Yorkshire Moors and consisted of open moorland as well as some heavily wooded steep slopes with many rock features. All courses finished on a steep slope (going upwards!) looking for rocks, a very difficult finish. This was made even harder for some due to the close proximity of the edge of the map. How do you re-locate when you are not on the map?

We did have early success in the competition, being the first club to erect a tent and in the best position too. Probably not the best position in terms of the event itself, but best position compared to all the other club tents (they were all behind ours!). Also we have the best club jackets. For some reason, points are not awarded for tents or jackets. It's a strange world we live in!

Results wise, we finished fourth, which sounds quite good. I'll leave you to look at the results http://www.clok.org.uk/Events2011/110130_Silton.htm to see if you agree.

There were many successes on the day, Helena scored maximum points, Harriet and Ann successfully completed probably the hardest course they have ever attempted, Mary wasn't the last back to the tent and Sam, on his own, represented the Juniors.

The scorers were (in course order): Neil 96; Helen 88; Pete 89; Paul 87; Dave 86; Helena 100; Harriet 90; Paddy 94; Mike 92; Mary 88; Pat 80; Sam 96. Well done not just to those 12 but also to everyone who took part or supported on the day.



John Butler

New HALO Banner

HALO Coaching - Beverley

Weekly at

Longcroft (upper) School - Girls Gym - 6.30 - 8.00pm

Jan 10th :The New Year kicked off at Longcroft with an indoor session.

Activities included 20 minutes circuit training (greeted with groans at the onset but enthusiastically completed by all) to blow away the Christmas cobwebs.

A Route Choice exercise followed; the aim was to draw different possibilities for one particular leg and then describe the selected route in detail. The technical training followed with compass practise and selecting the correct direction. A pictorial control description card was at the correct point, this had to be interpreted correctly before the leg was complete.

The final activity was a relay with teams running into the gym, placing two markers in the correct position and returning to their partner, who then had to collect the markers and move them to the next position. The winning pair, signalled by a lot of whooping and a hollering, were Rosie and Yasmin.

I am aiming to alternate weekly between indoor and outdoor activities

Jan 17th : This week's session was a mixture of indoor and outdoor activities.

We warmed up and practised compass techniques with the Last Man Out bearing game. The Last Man Out this week was Emma, the youngest participant. Well done Emma - showing your elders the way home!

The evening concluded outside with a night bearing exercise. A 4 by 4 grid of stakes were set out each 50 metres apart. Participants had to navigate set courses around the stakes (SI boxes used). The moonlight did give the participants some help, the nearest stake being just visible, but on the longer legs the bearings had to be very accurate.

Jan 24th After a strenuous warm-up we went into a short circuit training session, consisting of just 6 exercises of 30 seconds each. Some excellent efforts were seen from all participants.

Jan 24th contd

We then had a technical session on using a compass with a four short courses set out in the gym using a “white” map. The controls were Pictorial control descriptions. To prove the courses had been followed correctly the participants had to recite the description of the control sites. This exercise was completed successfully by all, the only set back being the interpretation of the control descriptions, mainly through looking at the symbols upside down (Pit/gully).

The final exercise was the fast and furious “benches for fences”. There were some very competitive head to head challenges taking place notably between Mary and Maria and between George and Joe. Mary and Maria deserve a special mention as they were the only ones to complete all 5 courses, even though, due to an administrative error, courses 2 and 6 were identical. Mary just edged their head to head by winning 3-2. George and Joe’s head to head was even tighter, they both won one each and had a dead heat in the other. Paul also manage to do all courses, but in the more efficient manner of not doing both course 2 and 6!

It was good to see three new members taking part this week, and we hope they will continue to attend.

Feb 7th : Tonight was an indoor session, which was fortunate as we would have had difficulty standing up in the gales outside. I could envisage many maps sailing away in the wind, possibly some young children also!!

It was good to see two more new members tonight (that’s five in three weeks), they were introduced to the horror that is circuit training following an “introduction” warm-up.

Compass training and map folding (not that sort of map folding!) were the key elements of the technical training. Participants had to follow bearings and place a marker on the floor, their partner than had to follow the same bearing and hopefully find the marker. It seemed to work! We finished with the “benches for fences” sprints, five courses on offer and amazingly nearly everyone had a go at all five. Even more amazing five people successfully completed all five courses, with George have the fastest overall time. (George seems to be getting the winning habit, he was first on the Yellow course at Brimham Rocks on Sunday.) On their first attempt at these courses both Lynne (3rd overall) and Jack were among the successful participants – not bad on their first night. Rosie (2nd) and Maria were the other successful sprinters.

Neil Harvatt

HALO Club Nights:

Details on the website : look for the latest news and / or click the link:

Further details from Neil Harvatt for Beverley or Brian Slater for Grimsby:

Beverley Club Night : in the East Riding of Yorkshire at the Girls Gymnasium in the Longcroft Upper School, Burton Road, every Monday evening, during term-time from 6.30 to 8:00 pm, individuals £2, juniors £1, families £5 First week is free, just turn up and see if you like it.

Grimsby Club Night: We are running weekly coaching activities at Oasis Wintringham School Grimsby on Wednesday evenings. There are activities for newcomers as well as improvers. The sessions start at 6:30pm and finish at 8pm approximately. Please come prepared for the outdoors.

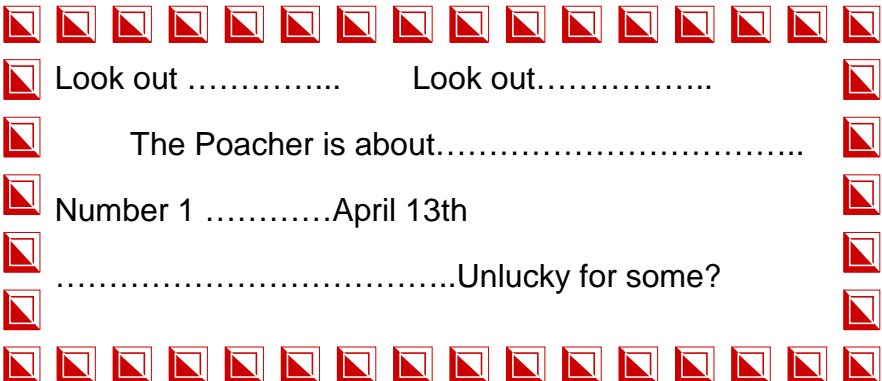
There are changing facilities and lockers £1 returnable.

During the darker-night months we use the Sports hall from 7:30.

Until further notice please meet in the OLD Sports Hall entrance at 6:30pm ready to start.

The price is: - individual £2; junior (under 21) £1; and family £5;

Access is via Weelsby Avenue.



HALO 2-1-5 series

Cleethorpes Country Park 22nd Jan We had a turn out of 21 new individual and group entries to Orienteering. It was very pleasing for us to see such a welcome entry especially these days when competition for participants in sport is challenging. Fran had suggested we put a request on the entry form asking how they had learnt of the event. So we had:- Grimsby Telegraph, School, Web-site, word of mouth, just passing!

Brian and Charlotte made good use of the 'circles' courses and suggested some ways of improving it. I think the Maze idea is probably the best attraction for an event of this kind, and it needs to be near to registration for all to see. It does need a separate planner from the main event to get it up and working effectively. Brian Ward and family have done this at a North Bank 2-1-5 event and it was very well used by youngsters who thoroughly enjoyed themselves. The children were in sight of parents at all times and were successful because of the navigational aid of the tapes.

Thanks to HALO members who came along to help with the setting up and running of the event. Dave, Sam, (kite setting and collection also 'circles' grid), Pete Shew (SI), Pete Harris, Fran., Malcolm, Tracey, Mark T., Mark Slater, The Wards.

Brian and Charlotte (England Team Member) continue to dominate the series with their fast times, using the course and the day to keep up their fitness and refine skills. A pleasant surprise to see Glyn Cook, NELincs Sports and Orienteering coach, showing us that he still manages to keep fit, and keep up his navigational skills, whilst coaching football etc. around Grimsby's schools and clubs. Mary Vickers has made a name for herself coming 3rd close behind a couple of enthusiastic juniors showing us that they can navigate quickly to some of those technical controls.

1st 2nd & 3rd on each course as follows:-

WHITE, Dylan M., Daniel, and Jacob;

YELLOW, Dom, Jacob, and Dylan W.;

ORANGE, Sam, Dom and Mary Vickers;

TECHNICAL, Brian, Charlotte and Pete Harris.

Well done all of you and we hope to see you and your friends and more at Weelsby Woods on the 19th February.

2-1-5-Series - Beverley Westwood 5th February Despite the promise of pretty miserable weather, there was an excellent turnout of participants for the 215 series event, on Beverley Westwood. Forty three individuals and groups took part on one or more course, only 19 of whom were members. Well over sixty people altogether as many of the newcomers went round in groups.

There were four conventional orienteering courses and two maze courses for everyone to have a go at.

Special mention to the scout groups who had a go at every course except the Technical one, one group almost had to be dragged off the course by the scout leader as it was starting to get dark! There were seventeen entries on the White course, which was won by William Dixon (Ind) in a time of 6 minutes 40 secs. Luke Beecroft (Ind) who has been attending the Monday Club Nights at Longcroft School was second.

Sixteen groups attempted the Yellow course which was won by Katie Slocombe (Ind) in 10 mins 40 secs. George van Dam (HALO) was second.

The Orange course presented quite a few technical challenges in the Newbiggen Pits for many of the sixteen who tried it, but HALO members Brian and Charlotte Ward had no such problems finishing in first and second. Dad Brian just pipping Charlotte in a very impressive 11 min 21 seconds.

The Technical course started and finished in the Newbiggen Pits with the middle section going out on the main part of the Westwood. Eleven entrants on this course, Brian Ward again victorious in 19 mins 57 secs. Charlotte again second, no doubt just jogging round as in the morning she had won the Humberside Schools Cross Country Championships - a busy day!

Paul van Dam (HALO) was fastest out of the nineteen entrants on Maze5, winning in a time of 1 min 38 secs. On Maze6 Charlotte finally got revenge over her Dad, being the fastest of the eighteen entrants in 1 min 15 sec. If my maths are correct that's ninety seven courses run altogether - not bad for a local event.

All non-members, who left an email address, have been emailed with further information.

A big thank-you to all club members who turned up and helped on the day and thanks to all the participants who helped to make their efforts worthwhile.

HALO Publicity

I've had a look through yesterday's entry forms (you can get bored whilst you are waiting for a tent to dry, goodness knows how I am going to roll it back up!)

Those that filled in the "HOW DID YOU HEAR ABOUT THE EVENT" box responded as follows:-

Saw the event taking place	2
Attended previous 215 event	1
Hull Daily Mail	2
Newspaper (unspecified)	2
ERYC web-site	2
Banner on Westwood	3
Scouts	2
Beverley Club Night	1

Through relatives and friends (John B's, Van Dams) 2

(The Scouts saw it in the Hull Daily Mail, so that could be 4 for the HDM)

If that goes to show anything, it's that we have to promote events in every media possible. You probably already new that!

Neil Harvatt



The Banner on the Westwood

Photo: Neil Harvatt

Editorial - John Fulwood

I was a little concerned with the lack of copy, perhaps because of the relatively few significant Events over the Christmas period. I need not have worried however as at the local level there has been so much going on. What is particularly impressive is the number of new participants coming along to the 2-1-5 series and starting to pick up at the coaching evenings. The analysis by Neil has pointed out the need to look at all aspects of publicity. Well done to Brian for getting an excellent piece in the Grimsby Evening Telegraph, and with the Hull Daily Mail also giving a write up, it gives a good foundation to build on.

Copy Date for the next Newsletter - 1st April 2011



Welcome to new club members:

Emma Grimshaw - Beverley

Mary Vickers - Healing

I hope all club members will introduce themselves and make them feel welcome.

Wanted - Relay team runners

JK Relays - Monday 25th April

British Relays - Tankersley Park (Sheffield) May 15th

Would anyone interested- particularly the British Relays as they are so close- contact Brian Ward

Entry as a HALO team member is paid for by HALO. Please supply Age class & SI Card number.

Humber Lifestyle Night Challenge

HALO is one of the joint organisers of the 2011 Humber Lifestyle Night Challenge which is taking place on Saturday 12 March and the early hours of Sunday morning.

There are 30 mixed teams of five disadvantaged young people (aged between 14 and 17) who are required to follow a 12.8 mile route, mainly off road, starting and finishing at Ionians Rugby Club at Brantingham in East Riding. There are five check points on route where the teams have 15 minutes to complete a "challenge". Each team will be accompanied by an adult supervisor whose role is in part a safety one but does include, for example, questioning his/her team if they are heading totally in the wrong direction!

The event commences at 4 p.m. on the Saturday with each team being briefed before partaking of a hot meal. The teams set off from 5 p.m. at 12 minute intervals, the last one going off at 10.40 pm. The winning team is the fastest one, subject to adjusting for the marks awarded at the challenges, and is expected back after about five hours. There are medals for all finishers and prizes for the first three teams.

Teams are provided with head lights, rear lights, tabards, compasses, whistles, pens, pencils, maps (which will be Ordnance Survey based) and map holders. Competitors are not allowed to take mobile phones with them but the supervisors, who will have attended a briefing and walked the route before the event, will have one. Safety is paramount and the organisers are providing appropriate vehicles, ambulances, helicopters, etc. at strategic locations.

The other organisers/sponsors of the event are Humberside Police, Humberside Fire and Rescue and the High Sheriff's Trust. Tesco is providing drinks and snacks for the competitors to take with them.

HALO has agreed that it will provide some manpower and all the necessary SI and IT kit for registration, start, check points, finish, download and results, as well as start and finish banners, start clock, stakes, kites, etc. We could do with plenty of helpers, so if you would like to support such a high profile and worthwhile event, please contact Neil Harvatt or John Butler. The organisers will be operating a shift system so you will not have to be out for the full 12 hours – unless you really want to!

Unlike last year, the intention is that the navigational training will take place with a number of teams at three or four centres prior to the event taking place and we have been asked to organise that as well.

John Butler

East Riding Schools Orienteering Championships

HALO has agreed to organise the Final of the East Riding Schools Orienteering Championships at 3.30 pm on Tuesday, 12 April at Burton Constable.

Prior to that there will be at least 12 cluster competitions for years 5 and 6 at various schools in the East Riding which HALO has offered to have a presence at and to give a hand if required. (This year there were over 700 children from 57 schools who took part in the cluster competitions.) The top 10 scorers from each of the cluster events will be invited to take part in the Final. Awards will be made to the first three and the best school in each year group.

In 2010 there were 171 young people from 27 schools in the final, and in 2010 there could be even more - so we will need Club members' help on the day. Please put the date in your diary now and keep it free if you can. In the meantime if you want any further information contact Neil Harvatt or John Butler.

Sledmere - 6th March - call for HALO helpers

- Course fees for helpers will be 50% of the published pre-entry fees. Please do not enter online using Fabian4 as you will be charged the full price - I shall enter you using the information you provide below. You should pay your fees at Registration on the day.

If you are able to help at this event please let me know as soon as possible and include the following information:

Name of helper(s)

- SI card number(s) if you have one
- Time you wish to run - early or late or not running
- Course you wish to run - see HALO website for course details
- Any preferred job

With thanks in anticipation and best wishes,

Ken Hutson

Organiser

See p 22 for Event Details

YHOA Event Safety Workshop

March 9th 6.45pm for a 7pm start. Finish 9.30pm.

Sheffield Hallam University, Collegiate Crescent site. Room HO34.

A light tea will be available from 6.30pm

Course tutor Hilary Palmer

Purpose of the course

This is a course to support existing and new organisers and controllers to fulfil their role.

Who should attend?

Those who wish to take on organising for the first time at level D or C.

It is particularly important for those organisers who are organising level C and essential for those organising level B events in 2011 and 2012 to attend and we really hope that you can make an effort to do so!

It is also a workshop to support existing controllers in fulfilling the safety aspect of their role and attendance at a safety workshop is now a requirement for new controllers

Those who attend the course will be able to mentor new organisers at level D events.

Why is this workshop necessary?

British Orienteering provides clubs with insurance for their events and British Orienteering needs to demonstrate to their insurers that all officials have been trained in essential safety issues.

How do I get on the course?

Please contact Colin Best email: (colinallanb@yahoo.co.uk) tel:01142302621

What if I can't attend this course?

There will be others delivered at a club level or at a cluster of clubs level. One will be arranged to take place in the north of the Association soon. After that Heather Phipps (AIRE) and Colin Best (SYO) will be trained to deliver these in the future

HALO League 2010/2011

		Scot Gate	Stanton Moor	Ebberston	Hirst Wood	Hookstone	Nor-manby	Walesby	Temple N' sam	Best Six	Events
Jake Field	M16 Jun			90		121	109	112	123	555	5
Pat O`Grady	M75 Vet	101		73			72	127	109	482	5
Dean Field	M45 Sen					127	103	123	124	477	4
Joe Field	M10 Jun			107		86	76	96	97	462	5
George Van Dam	M10 Jun	103		102	104				105	414	4
Yasmin Field	W12 Jun					112	81	114	102	409	4
Paul Van Dam	M45 Sen	68		79	105		55		84	391	5
John Butler	M65 Vet				104	97	83		98	382	4
Emma Van Dam	W10 Jun	92		93	95				98	378	4
Zac Field	M16 Jun			100			107	127		334	3
Rosie Field	W45 Sen						83	111	100	294	3
Helen Smith	W35 Sen			82			84		87	253	3
Helena Crutchley	W45 Sen						97		127	224	2
Mike Smith	M65 Vet	107							116	223	2
Neil Harvatt	M55 Vet	103						115		218	2
Maria Van Dam	W40 Sen	52		59	95					206	3
Fran Humphrey	W60 Vet		103						92	195	2
Sam Offler	M16 Jun					105	85			190	2
Mark Tyszka	M70 Vet						72		113	185	2
Pete Harris	M50 Vet			78					107	185	2
Mary Carrick	W60 Vet			72			87			159	2
Dorothy Smith	W60 Vet						65		88	153	2
Malcolm Humphrey	M60 Vet		86						66	152	2
Brian Ward	M45 Sen					132				132	1
Charlotte Ward	W20 Jun					125				125	1
Brian Slater	M60 Vet					104				104	1



YHOA Leagues

YHOA (I refuse to call it Yorkshire) Superleague fixtures are scheduled as follows:

Jan 23	EPOC	Marsden Moor
Mar 06	HALO	Sledmere
Mar 20	SYO	Hugset (Middle distance)
Apr 03	Claro	Timble and Askwith (also Yorkshire Champs)
May 08	Ebor	Barnscliffe
Jun 05	Aire	Langstrothdale
Sep 17	Aire	Attermire
Oct 09	Ebor	Pickering North
Nov 27	SYO	Burbage Moor

Competitors will count a maximum of 5 races. Rules remain the same as in 2010.

The prize giving for the 2010 competition is to be held at one of the

YHOA (I refuse to call it Yorkshire) Urban league

Sat 15 Jan	EBOR	Scarborough
Sat 19 Mar	SYO	Hathersage
Sat 7 May	EBOR	Filey
Sun 29 May	CLARO	Ripon North
Mon 30 May	EBOR	York
Sat 4 Jun	AIRE	Ilkley
Sun 12 Jun	EPOC	Holmfirth
Sun 26 Jun	HALO	Beverley
Sun 17 Jul	SHUOC	Dore
Sat 3 Sep	SYO	Sheffield
Sat 29 Oct	AIRE	Leeds University
Sun 30 Oct	AIRE	Skipton

YHOA Urban league Rules:

The competition is open to all competitors who are full members of BOF, or local members of YHOA clubs. Enter any course/class for which you are eligible, and you will be automatically included in the league.

Your age class will determine which league you will be included in. There will be leagues for **Men's and Women's Junior (18-), Open, Vet (40+), Supervet (55+) & Ultravet (70+)**; at each race, the organisers will designate which classes should run which courses.

Given the nature of urban races, the provision of a junior class course, and any lower age limits for this or other courses, is at the discretion of the organisers. (See scoring for Juniors below) :

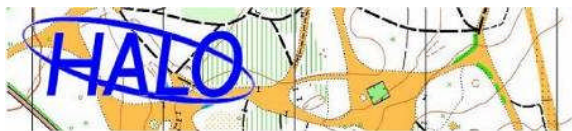
Your **best 6 scores will count**. There will be a prize giving at the final event of the series. Trophies will be awarded to the first YHOA member in each of the class bands.

Scoring:

1) Points will be awarded on each course (or class within a course) as follows: 100, 96, 93, 91, 90, 89, If the last-placed finisher in a given class scores fewer than 10 points, then all scores in that class will be increased by a multiple of 10 points so that the last-placed finisher scores between 10 and 19 points. So in a race with 87 finishers, the score for last place would be augmented by 10 points from eight to 18 points, and the winner would get 110 points.

2) At any given race, a competitor may score in only one class. Unless specified otherwise beforehand, he (or she) will score in the lowest class for which he is eligible; for example, if W Vet and W Supervet share a course, a W55 would score only as a W Supervet. A competitor who runs a course above that designated for his class will score in the lowest class for which he is eligible, e.g. an M55 running up on a course designated for M Open, W Open and M Veteran would score only as M Veteran.

3). For the M18- W18- classes the point system takes account of BOF Insurance conditions. Only those runners aged 16 & over on the day, are allowed to run the Open class. Those 18- runners who run the Open class will be given the leading places. All other 18- runners who run the Junior class, whether over 16 or not, will be given the following places.



SLEDMERE

Sunday 6th March 2011

Regional Event and Round 2 of 2011 YHOA Superleague

Location Sledmere Estate (nearest postcode – Sledmere House YO25 3XG). Entrance to the
&Parking event car park is through a private gateway off the B1251 at the western side of the village of Sledmere (GR SE928645). The entrance will be clearly 'O' signed. The route to Sledmere village will NOT be 'O'-signed

Terrain Typical Wolds dry valleys; some steep sided and mostly wooded with open grassy valley floors

Map 1:10000, 5m contours. Survey updated 2010 and 2011 (Mike Smith/Neil Harvatt). Maps will be printed on waterproof paper.

Entries SI Electronic punching will be used at this event. SI cards (dibbers) will be available for hire (£1). Lost hired SI cards will be charged at £30. Online pre-entries (preferred) through Fabian4 (www.fabian4.co.uk) closing date 1st March. Entry on the day will be available subject to map availability.

Courses Full range of courses from White to Black.

To gain points in the Superleague, competitors need to enter the correct course for their age class. See YHOA Superleague web page for details. <http://www.orienteering.ilkey.org/clubdocs/YOS2011.htm>

A String Course will be available close to the Assembly area

Times Registration: 10.00 -12.00 Starts: 10.30 - 12.30 Course closes at 14.30

Fees (inclusive of BO Senior member reduction)	Seniors:	White - Orange	Lt. Green - Black	Juniors (under
	Online Entries	£4.00	£7.00	21) all courses:
	Entry on the day	£5.00	£8.00	£3.00

If you require printed results, please leave a SAE (C5 size) at Registration. Results will be posted on the HALO website. Route Gadget will be available.

Officials Planners Neil Harvatt and Mike Smith Controller TBC

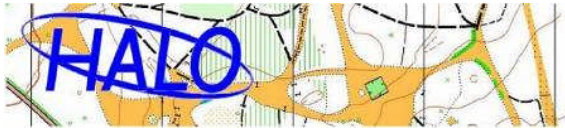
Organiser Ken Hutson, ken.hutson@gmail.com, 07748 763368

Final Details Will be posted on the HALO website during the week before the event

Dogs Dogs are not permitted at this event.

Safety Cagoules and whistles may be compulsory in the event of adverse weather conditions. First Aid will be available from Registration

Competitors travelling alone should leave their car keys and particulars at Registration.



East Yorkshire Short Race Series 2011

Following the successful inaugural series in 2009, HALO would like to invite you to take part in the 2011 series, this year with a later (and hopefully warmer) start in April.

The series

Comprises 4 events, all taking place on Saturdays between April and July
Each event will consist of a Prologue (-'3km) followed by a Chasing Start (-'3km).

Series programme:

April 16 th	Londesborough Park
May 21 st	Beverley Westwood
June 11 th	Driffield Airfield
July 23 rd	Hull University

There may be slight changes to the programme, please always check with the web-site

Entries:

Seniors £5, Juniors £2, Family £12 per event (pre-entry) or Seniors £14.50, Juniors £5.50, Family £34.50 for series (4 events, pre-entry).

EOD (subject to map availability) Seniors £7, Juniors £3 per event.

Pre-entry online via www.fabian4.co.uk (from Feb 21st 2011) or direct to the Organiser (Neil Harvatt - see below), last postmark Monday prior to event, cheques payable to :
Humberside & Lincolnshire Orienteers.

Event details

Map scale typically 1:5000, (limited availability for entries on the day)

Sportident electronic punching

Starts 10:30–11 .30 (pre-allocated to pre-entries) with Chase base time from 12.00

Final details & start times will be published on the HALO website (see above) during the week preceding each event.

Competition details:

Categories - Men Open, Men Vets (M50+), Men Junior (M1 8-),

Women Open, Women Vets (W50+), Women Junior (W18-)

Each individual race scores, with overall category winners based on best 6 scores

Officials & contacts:

Organisers: Ken Hutson and Neil Harvatt : Planner(s): Ken Hutson

Controller: Various

Fixtures

Links for more info: AIRE: www.aire.org.uk CLARO: www.claro-orienteing.org
 CLOK: www.clok.org.uk DVO www,dvo.org
 EBOR www.eborienteers.org.uk EPOC www.eastpennineoc.org.uk
 LOG www.logonline.org.uk NOC www.noc-uk.org
 SYO www.southyorkshireorienteers.org.uk
 SHUOC www.shuoc.union.shef.ac.uk

Please check Club websites, or fliers for details. Fees are a relative indication only and are as far as I can make out; assuming Senior BOF Regional member :

£= £0-3: ££= £3.01-6: £££= £6.01-8: ££££= £ 8.01-10: £££££ - over £10

Date	Type	Club	Courses	Info	Where	Fees
19th Feb	X-Country	HALO	2-1-5 Series	Weelsby Woods	Grimsby	£
20th Feb	X-Country	SYO	White-Black	Blacka Moor	Sheffield	££
24th Feb	X-Country	LOG	Night Score	South Common	Lincoln	£
26th Feb	X-Country	AIRE	White - Green	O-lite series	Ilkley	£
27th Feb	X-Country	EBOR	White-Brown	Skipwith Common	Selby	££
3rd Mar	X-Country	LOG	Night Score	Riseholme Park	Lincoln	£
6th Mar	X-Country	HALO	White - Black	Sledmere	Halifax	£££
13th Mar	X-Country	EPOC	White-Brown	Honley	Huddersfield	££
19th Mar	X-Country	HALO	2-1-5 Series	Cleethorpes CP	Cleethorpes	£
20th Mar	X-Country	SYO	TBC	Hugset	Barnsley	TBC
20th Mar	X-Country	LOG	White-Brown	Belton Park	Grantham	TBC
2nd Apr	X-Country	AIRE	White - Green	O-lite series	Ilkley	£
3rd Apr	X-Country	CLARO	White-Black	Timble	Otley	TBC
7th Apr	X-Country	LOG	Short-Tech	Summer Series	South Common	£
10th Apr	X-Country	AIRE	White-Brown	Bramham	Wetherby	TBC
13th Apr	X-Country	HALO	Yell/Sh/Long	Poacher 1	Mausoleum	£
17th Apr	X-Country	DVO	White-Brown	Crich Chase	Matlock	££
20th Apr	X-Country	HALO	Yell/Sh/Long	Poacher 2	Nettleton	£
24th Apr	X-Country	EBOR	White - Blue	Wheldrake	York	££
27th Apr	X-Country	HALO	Yell/Sh/Long	Poacher 3	Elsham	£