

Risk Assessment for Orienteering



Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		Humberside and Lincolnshire Orienteers	
Name of person completing this form	Neil Harvatt	Position of person completing this form (coach, organiser etc)	Organiser
Venue for session / event / activity	Noddle Hill Nature Reserve, Hull BOF Reg No 65879	Date for session / event / activity	Thursday December 5 th 2013 5pm to 8pm (after dark)
Name of person in charge of session / event / activity		Neil Harvatt	
Risk assessment signed		Risk assessment dated	20-Nov -2013
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc): Neil Harvatt, Coach		
	Sign and date:		

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: Grid Ref TA109348 Bransholme Rd, Noddle Hill Way	Place from which signed: Road
Nearest A&E hospital:	Name and Post code: Hull Royal Infirmary (Anlaby Road) (HU3 2JZ) (01482-875875)	Map available (where): Registration Car
Working telephone:	Landline or mobile: If mobile (reception checked?) Signal to be checked prior to event.	Number: 07800-78455 (NH mobile)
First Aid cover	Name of first aider: Neil Harvatt/Mary Carrick	Located where? At Registration Car

The Risk Assessment (Noddle Hill Nature Reserve, North Hull, Thursday December 5th 2013)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
In area to be used (indoor / outdoor): Outdoors Slopes Water Wire / ruined fences Uneven surfaces on the course Uneven surfaces Car park, etc Undergrowth/tree branches Slippery surfaces Traffic	Low risk – low/medium severity Low/medium risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity Low risk –medium/high severity	Competitors aware of position of slopes - they are marked on the map with standard symbols. (Resp – Mapper NH) The position of the ponds and wet areas are marked on the map. All known fences and ruined fences are marked on the map. Competitors aware – all events have uneven surfaces If in car-park, notice posted in final details (Responsibility – Organiser NH) Competitors aware – all events in wooded areas have branches/undergrowth. Warnings to participants about slippery ground. No vehicular access to the Nature reserve at this time of the evening.
Participants Clothing/shoes/equipment Unexpected reactions/allergies Competitors not returning	Low risk - low severity Low risk - low severity Low risk - high severity	Competitors checked by Starter that they are correctly equipped, including head torches. First Aid Kit at registration, phone ambulance if required. Register maintained of starters, search procedure implemented if required.

Other people/activities in area		
Dog walkers	Low risk - low severity	Unlikely at this time of night - competitors to be made aware of possibility. (Organiser – NH)
Stranger Danger	Low risk – high severity	Young inexperienced runners to be accompanied. Advise not to talk to strangers unless wearing yellow BOF bib.
Weather		
Bad weather (wet/cold)	Medium risk - medium severity	Check clothing is appropriate for weather. (Starter) Cancel event if conditions poor.
Heat	Low risk - medium severity	Advise participants to be hydrated. (Organiser) Organiser (NH) to check weather forecast prior to event ()
Equipment		
Computer equipment in tent Guy ropes on tent (trip hazard) Stakes (pointed to go in ground)	Low risk - low/medium severity Low Risk – Low severity Low Risk – Low severity	Cabling to be kept tidy, all connections to be secure. Red/white tape tied to ropes if likely to be trip hazard. Anyone carrying them to be advised to carry point down.

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

<p>Area to be used: Indoors</p> <ul style="list-style-type: none"> • Floor surface • Other equipment/obstacles • Shared use (dining room / other activities) 	<p>Area to be used: Outdoors</p> <ul style="list-style-type: none"> • Uneven surfaces • Slopes/steps • Slippery surfaces • Tree roots/branches • Vegetation (prickly, stinging) • Wire / ruined fences • Walls to be climbed • Litter (glass, used needles) • Water (streams, rivers, ponds) • Cliffs / crags • Traffic (including road crossings) • Rail / tram lines • Mineshafts / caves • Military debris 	<p>Equipment:</p> <ul style="list-style-type: none"> • Pencils in hand when running • Pin punches • Cane tops • Tent guys • Electrical equipment – cables • Generators • Cooking equipment
<p>Participants:</p> <ul style="list-style-type: none"> • Clothing / shoes • Existing medical conditions • Unexpected reactions/allergies • Disorientation • Tiredness 	<p>Other people / activities in area:</p> <ul style="list-style-type: none"> • Walking dogs • Cyclists • Horse riders • Forestry operations • Park maintenance • Shooting / archery • Golf • Stranger danger 	<p>Weather:</p> <ul style="list-style-type: none"> • Cold / heat • Rain / snow / hail • Excessive wind • Lightning