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HALO News Tuesday 29th March 2016

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The JK 2016.....

Well a weekend of changing weather, challenging courses and champions. Congratulations go to Charlotte Ward for winning the sprint championship on Friday. The best performance for the whole JK weekend has to go to Emma Van Dam, she ran every day, winning on Friday and finished 5th in her class overall. Also worthy of a mention is Helena Crutchley, putting in some good results. Many thanks to all locally who organised, helped and attended the JK this year. Below is a brief summary of events, full results can be found at <http://www.thejk.org.uk>

JK Day 1.....

A Sunny Sprint event at Leeds University, hosted by HALO, and planned by Brian Ward. The HALO Ladies had the best results, in what was a World Ranking event, with Emma Van Dam 1st W12, Charlotte Ward 1st W21E and Helena Crutchley 19th W50.

JK Day 2.....

A hilly Middle Distance Race at Wass Forest North Yorks. The best HALO finisher was Helena, finishing 2nd W50, the male seniors also did well, with Paul Beresford 14th M45. Whilst Paul Simmons was 10th M65, John Butler 8th M70 and Pete Shew 14th.

JK Day 3.....

The Long Distance Race at Kilnsey Moor North Yorks will be remembered by many for the hailstorm. Some late starters had to retire whilst those who carried on got pebble dashed.

Top of the combined results for days 2 & 3 was Emma Van Dam who was 5th out of 23 finishers. Neil Harvatt was 26/71, George Van Dam 24/48 and Pete Harris 28/42.

JK Day 4.....

The Relay event at Storthes Hall Huddersfield saw better weather. But those of us who had saved ourselves by not running over the weekend, were outclassed by

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those who were race ready and also those who were in the toilet too long and those lacking coffee.

HALO had five Ad Hoc teams entered, top finishers were Team Ward in 16th out of 80. Then Team Van Dam, finishing 26th, Team Tealby 33rd, Team Captains 53rd and Team Wootton 60th. The top individuals were Brian Ward 6th first leg, Emma Van Dam 22nd second leg and David Jolly 13th final leg.

HALO League.....

The next event in the HALO League 2015/16 is Sunday 10th April, at Londesborough Park (HALO event) **Fabian4 entries now open.**

Events coming up.....

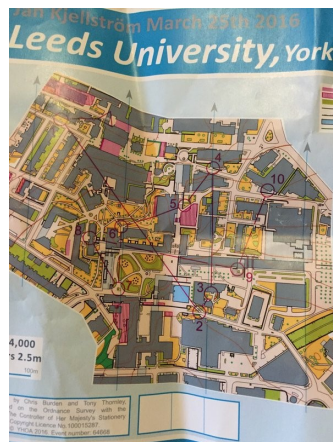
Thurs 31 March, LOG - Spring Series Belton Woods

Sun 3 April, NOC - Sherwood Pines

Useful links.....

Websites of clubs and associations frequently mentioned in the [HALO](#) newsletter.

[AIRE](#), [CLARO](#), [CLOK](#), [DVO](#), [EBOR](#), [EPOC](#), [FABIAN](#), [LEI](#), [LOG](#), [NOC](#), [SYO](#), [YHOA](#)



Team Wootton failed to make the Relay Podium this time!!

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