



Poacher 2018.....

The Lincolnshire Poacher heads for the hills tomorrow night at Normanby le Wold.

Pete Harris has planned the usual three courses of short, medium and long, with starts from 6pm. Post race debate is at the Salutation Inn Nettleton.

Thanks to Oliver Smith for planning last week's sprint event at Kingsway Gardens.

Congratulations to Harry, Megan, and best man Liam.

Results Service.....

Another Yorkshire urban event last Saturday, this time from AIRE at Skipton.

Congratulations to Charlotte Ward who won the women's open and to Brian Ward who was 2nd MSV. Brian then went on to win the Lichfield urban MSV on Sunday to boot.

Interestingly the last four urban events have all used different course classifications, we've had numbers, letters, colours and age classes.

However the UKUL and Yorkshire Urban League tables still use age and gender.

Sunday saw an event at Kilnsey South, where the only pavements were of limestone.

Dean Field was 11th blue, whilst Yasmin was 17th and Rosie 36th short blue.

John Butler was 12th short green, with Mary Carrick 30th.

Action Required....

EBOR are holding a relay event on Saturday 16th June at Thirsk. If you would like to enter, either as a team or an individual, please contact Helen Chan today.

The HALO Club Champs have been scheduled for next Sunday at Doncaster.

The SYO event at Sandall Beat is an ideal venue for our X Country Champs.

Entry is on the day, so hopefully see as many of you there as possible.

Events Coming Up.....

Wednesday 6th June, HALO - Poacher 9 Normanby le Wold

Sunday 10th June, SYO - Sandall Beat inc **Club Champs**

Wednesday 13th June, HALO - Poacher 10 Baysgarth Park

Saturday 16th June, EBOR - Thirsk Relays

Sunday 17th June, DVO Stanton Moor or EBOR White Horse Thirsk

Sunday 17th June, Birmingham Uni Urban Sprints

Wednesday 20th June, HALO - Poacher 11 Normanby Hall

Saturday 23rd June, HALO - Sea Sand & Spires Cleethorpes and Louth

Sunday 24th June, LOG - Sea Sand & Spires Skegness

Wednesday 27th June, HALO - LUL Brigg

Sunday 1st July, ASOM - Ypres Urban

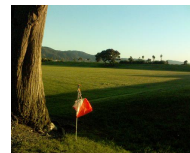
Useful links.....

Websites of clubs and associations frequently mentioned in the [HALO](#) newsletter.

[AIRE](#), [CLARO](#), [CLOK](#), [DVO](#), [EBOR](#), [EPOC](#), [FABIAN](#), [LEI](#), [LOG](#), [NOC](#), [SYO](#), [YHOA](#)

MAMRI.....

The latest bit of research in last Saturday's Times, came up with a new acronym MAMRI. These are middle aged men running injured. Apparently Parkrun has increased the number of older runners who carry on running regardless.... not me though.



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