



LUL 2018.....

The Great British summer of sport continues on Thursday night at Immingham
Until then we've got World Cup Football, The Tour de France, and 8 hours of tennis every afternoon on BBC2 to keep us occupied.

The Lincolnshire Urban League returns to HALO land on Thursday.
Starts are from the Pelham Hotel, Immingham, 6pm onwards. This is a new area and map, provided by Pete Harris, who is also planning the event.

Thanks to Clare from LOG for last week's event at Welton.
Well done to the course winners, Liam, Elspeth and Dom.
League tables for the first three events are on the LOG website.
At the halfway stage HALO have a slender 6 point lead in the team competition.

SYO Sheffield Urban.....

With no results to report at the time of writing, due to technical issues at their end, here's my roundup.
It was hot and hilly, no big surprise there, but most of the climb was of the man made variety, with stairwells, underpasses and ramps.
Good fun though, and a wide range of City Center scenery to run through....

Events Coming Up.....

- Thursday 12th July, HALO - LUL 4 Immingham
- Friday 13th July, HALO - Schools Humber Games Final
- Saturday 14th July, AIRE - Fat Rascal, Keighley Sprints
- Sunday 15th July, AIRE - Fat Rascal, Bingley Urban Long
- Thursday 19th July, LOG - LUL 5 Woodall Spa
- Saturday 21st July, LOG - Wolds Mini Mountain Marathon
- Wednesday 25th July, HALO - LUL 6 Market Rasen
- Friday 10th August, HALO - Claxby Training Camp
- Sunday 19th August, LOG - Lincoln City Race

Useful links.....

Websites of clubs and associations frequently mentioned in the [HALO](#) newsletter.
[AIRE](#), [CLARO](#), [CLOK](#), [DVO](#), [EBOR](#), [EPOC](#), [FABIAN](#), [LEI](#), [LOG](#), [NOC](#), [SYO](#), [YHOA](#)

Postcards from Sheffield.....

David Jolly wins the postcard competition this week.



"Can you tell me
which way is
Westwood?"



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