



Catching up.....

Having been prorogued this summer, it's good to be back. There are lots of results to report on and new events to participate in, but first...

A massive thank you to the (temporary) Editor.....

For those of you who didn't spot the join, David Jolly was editing the HALO News in July. I am indebted to David for what he did and hope it will become a regular occurrence in the future. Especially some of the new features he introduced.

One peculiarity however was that I found myself hearing David's voice as I was reading, and now I'm paranoid that you are all doing the same with me.....

HALO Leeds the way.....

I spotted 15 HALO runners at the AIRE Leeds Urban (Fat Rascal Weekend) and heard the podium klaxon sound for Mike Smith and others. Mike was first MHV on Sunday and 2nd in the Saturday Sprint at Temple Newsome.

John Butler was 2nd MHV Sunday, Brian Ward was 2nd MSV, Elspeth 2nd WJ, whilst Flora was first WJ Sprint. Full results [here](#).

Late News.....

John Butler seemed to run the most in the Race The Castles series, but then Brian Ward was planning our contribution. (thanks to all those who helped organise)

Brian has been consistently on the podium in all the summer urban events.

Some good photos on the LOG website of their RTC event. I didn't realise it rained so much that day.....

At the White Rose Weekend, no rain, but good combined results for Helena 2nd W55, JB 3rd M75 and Elspeth 3rd W16. MC was 12th W65.

Congratulations to Helen Chan for running the Great North Run and to Isoldt who finally caught up with her age class.

Gut Gemacht to Neil finishing 3rd overall at the Darmstadt Euro City Race Weekend.

If you know of anything else that deserves a mention, please get in touch.

Pub League.....

The autumn pub league score events start at Healing next Wednesday.

The Healing Manor have kindly allowed us the use of a room, in return it would be great to make use of their hospitality. Brian has posted a menu of pub grub available. Orders in by tomorrow please, full details on the HALO website.

Thought for the day.....

If you steal my trainers and hi viz, you can run but you can't hide.....

Events Coming Up.....

Sat 14th Sept, LEI British Sprint Championships - Loughborough University

Sun 15th Sept, DVO British Middle Dist Championships - Chinley Churn

Weds 18th Sept, HALO Pub League - Healing

Sun 22nd Sept, SLOW London City Race

Weds 25th Sept, HALO Pub League - Immingham

Sat 28th Sept, HALO Try O - Cottingham

Sun 29th Sept, NOC Retford Urban

Useful links.....

Websites of clubs and associations frequently mentioned in the HALO newsletter.

[AIRE](#), [CLARO](#), [CLOK](#), [DVO](#), [EBOR](#), [EPOC](#), [FABIAN](#), [LEI](#), [LOG](#), [NOC](#), [SYO](#), [YHOA](#)

Did You Race The Castles.....?

A point for each one you can name.....



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