# FINAL DETAILS – KINGSWAY (NO ENTRY ON THE DAY)

# **START**

Start Blocks Allocated – see separate list (posted on website)

Start Lanes will be in the NE part of the map (see images at the bottom)

Maximum of 6 people (including Officials) in Start Lane area.

Enter this area only when ready to start – Clear and Check

When lining up please try to alternate between Middle and Long Courses (note: only one person to start at each one minute interval)

Note: the earlier start times are more heavily populated

If late please still report to Starter who will advise on the next available start block

Hired/Borrowed dibbers will be on the table with sanitiser/gloves/wipes adjacent to Start boxes

#### COURSES

Short – 1.4km (Straight line) 0m Climb

Medium – 3.4km (Straight line) 25m climb

Long – 4.8km (Straight line) 60m Climb

Note: the Medium Course has 2 timed out crossings, don't forget to 'punch' either side of the

Pedestrian Crossing (maximum of 2 minutes allowed to cross the road)

Note: both the Short and Medium are suitable for Junior W/M14 and above

SI Units set to Beacon Mode for SIAC use (except Start and Finish which must be punched)

Compass recommended for Medium and Long Courses

#### **MAP**

ISSOMSprint2019 Spec 1:4000 Scale 2.5m Contours For clarity purposes:







The above extract shows the 2 different ways 'Canopies' have been mapped.

Where gates are closed/locked as in the left photo the map has been drawn with the dark grey building symbol.

Where there are no gates or gates are usually left open as in right photo the map has been drawn with the light grey canopy symbol.

Also, in order to prevent overlapping of symbols some but not all of the small trees are mapped as green dots rather than green dots with inner white circles.





So both of the above extracts are small trees

#### WEATHER

Likely to be warmish 21 degrees and light rain with possibility of thunderstorms, ensure hydrated before and after run

### **FINISH**

After finishing please report to the Download Car No printouts given Live Results should be available on the HALO website Please do not congregate near the Download car Finish is 300m South of the Start

# PLEASE MAINTAIN A 2 METRE SOCIAL DISTANCE THROUGHOUT AND AVOID GROUPS OF MORE THAN 6 PEOPLE

## **GETTING THERE**



**Waiting Area** 

Start Lane

From Finish

It can be seen there are numerous parking areas in vicinity. The terms and conditions of these will vary – note:some have cameras and some have unclear signage. No height restrictions visible on Street View.

There are Toilets at some of the Retail Outlets – these are not all necessarily open to the public.