

## Risk Assessment for Orienteering



Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

<b>Name of Club / satellite club name / after school club</b>		Humberside and Lincolnshire Orienteers	
<b>Name of person completing this form</b>	Neil Harvatt	<b>Position of person completing this form (coach, organiser etc)</b>	Organiser
<b>Venue for session / event / activity</b>	King George V , Cottingham BOF Reg No 73602	<b>Date for session / event / activity</b>	Tuesday December 12 <sup>th</sup> 2017
<b>Name of person in charge of session / event / activity</b>		Neil Harvatt	
<b>Risk assessment signed</b>		<b>Risk assessment dated</b>	11 <sup>th</sup> December 2017
<b>Risk assessment checked by (name, position and date)</b>	<b>Print name &amp; position (coach mentor, controller etc):</b> Brian Slater, Controller		
	<b>Sign and date:</b>		

### Emergency Information

<b>Emergency access point (for emergency vehicles)</b>	<b>Post code / grid reference:</b> HU16 5QW / Grid Ref TA 044333	<b>Place from which signed:</b> Northgate entrance
<b>Nearest A&amp;E hospital:</b>	<b>Name and Post code:</b> Hull Royal Infirmary (Anlaby Road) (HU3 2JZ) (01482-875875)	<b>Map available (where):</b> At Registration
<b>Working telephone:</b>	<b>Landline or mobile:</b> <b>If mobile (reception checked?)</b> Signal to be checked prior to event.	<b>Number:</b> ) 07800-784255 (NH mobile)
<b>First Aid cover</b>	<b>Name of first aider:</b> Mary Carrick/Neil Harvatt/ Brian Slater	<b>Located where?</b> Registration room – Sports centre

**The Risk Assessment (King George V playing fields, Cottingham Tuesday December 12<sup>th</sup> 2017)**

**It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.**

**NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.**

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> <li>• What control measure?</li> <li>• Who is responsible?</li> </ul>
<b>In area to be used (indoor / outdoor):</b> Outdoors  Slopes  Water  Wire / ruined fences  Uneven surfaces on the course Uneven surfaces Car park, etc  Undergrowth/tree branches  Slippery surfaces  Traffic	Low risk – low/medium severity  Low/medium risk – low/medium severity  Low risk – low/medium severity  Low risk – low/medium severity Low risk – low/medium severity  Low risk – low/medium severity  Low risk – low/medium severity  Low risk –medium/high severity	Short but steep slopes in the Cyclo-cross area. They are marked on the map with standard symbols. No courses planned in this area. (Resp – Planner NH)  There are a number of shallow ditches and streams in the area. These are clearly marked on the map. Competitors will be informed of their existence and instructed that wading across is not permitted. (Responsibility – Organiser NH).  All known fences and ruined fences are marked on the map.  Competitors aware – all events have uneven surfaces If in car-park, notice posted in final details (Responsibility – Organiser NH) Competitors aware – all events in wooded areas have branches/undergrowth.  Warnings to participants about slippery ground.  There are no roads in the area.

<p><b>Participants</b> Clothing/shoes/equipment</p> <p>Unexpected reactions/allergies</p> <p>Competitors not returning</p>	<p>Low risk - low severity</p> <p>Low risk - low severity</p> <p>Low risk - high severity</p>	<p>Competitors checked by Starter that they are correctly equipped including working head torches (night event).</p> <p>First Aid Kit at registration, phone ambulance if required.</p> <p>Register maintained of starters, search procedure implemented if required.</p>
<p><b>Other people/activities in area</b></p> <p>Dog walkers</p> <p>Stranger Danger</p> <p>Other sports</p>	<p>Low risk - low severity</p> <p>Low risk – high severity</p> <p>Low risk - low severity</p>	<p>Competitors to be made aware. (Organiser – NH)</p> <p>No U-16's to run unaccompanied.</p> <p>None planned on the fields during the event.</p>
<p><b>Weather</b> Bad weather (wet/cold)</p> <p>Heat</p>	<p>Medium risk - medium severity</p> <p>Low risk - medium severity</p>	<p>Check clothing is appropriate for weather. (Starter) Cancel event if conditions poor.</p> <p>Advise participants to be hydrated. (Organiser)</p> <p>Organiser (NH) to check weather forecast prior to event (As at 11/12/2017, forecast – cold, possibility of rain)</p>
<p><b>Equipment</b> Computer equipment Stakes (pointed to go in ground)</p>	<p>Low risk - low/medium severity Low Risk – Low severity</p>	<p>Cabling to be kept tidy, all connections to be secure. Anyone carrying them to be advised to carry point down.</p>

## Examples of hazards with the potential to cause harm

**NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.**

<p><b>Area to be used: Indoors</b></p> <ul style="list-style-type: none"> <li>• Floor surface</li> <li>• Other equipment/obstacles</li> <li>• Shared use (dining room / other activities)</li> </ul>	<p><b>Area to be used: Outdoors</b></p> <ul style="list-style-type: none"> <li>• Uneven surfaces</li> <li>• Slopes/steps</li> <li>• Slippery surfaces</li> <li>• Tree roots/branches</li> <li>• Vegetation (prickly, stinging)</li> <li>• Wire / ruined fences</li> <li>• Walls to be climbed</li> <li>• Litter (glass, used needles)</li> <li>• Water (streams, rivers, ponds)</li> <li>• Cliffs / crags</li> <li>• Traffic (including road crossings)</li> <li>• Rail / tram lines</li> <li>• Mineshafts / caves</li> <li>• Military debris</li> </ul>	<p><b>Equipment:</b></p> <ul style="list-style-type: none"> <li>• Pencils in hand when running</li> <li>• Pin punches</li> <li>• Cane tops</li> <li>• Tent guys</li> <li>• Electrical equipment – cables</li> <li>• Generators</li> <li>• Cooking equipment</li> </ul>
<p><b>Participants:</b></p> <ul style="list-style-type: none"> <li>• Clothing / shoes</li> <li>• Existing medical conditions</li> <li>• Unexpected reactions/allergies</li> <li>• Disorientation</li> <li>• Tiredness</li> </ul>	<p><b>Other people / activities in area:</b></p> <ul style="list-style-type: none"> <li>• Walking dogs</li> <li>• Cyclists</li> <li>• Horse riders</li> <li>• Forestry operations</li> <li>• Park maintenance</li> <li>• Shooting / archery</li> <li>• Golf</li> <li>• Stranger danger</li> </ul>	<p><b>Weather:</b></p> <ul style="list-style-type: none"> <li>• Cold / heat</li> <li>• Rain / snow / hail</li> <li>• Excessive wind</li> <li>• Lightning</li> </ul>