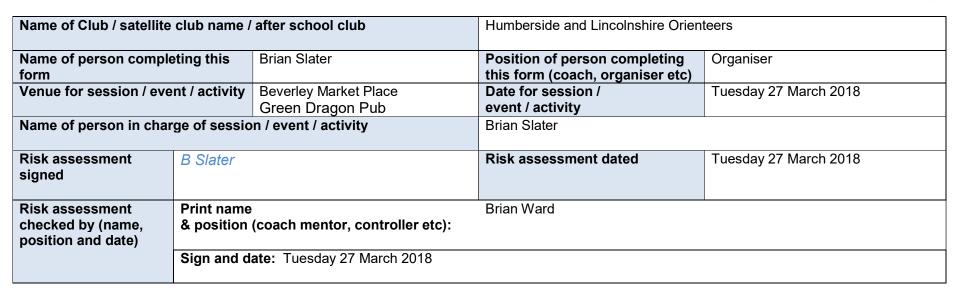
## Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.



British Orienteei

## **Emergency Information**

Emergency access point (for emergency vehicles)	<b>Post code / grid reference:</b> Green Dragon; (Long. Latt.503245,439617)	Place from which signed Beverley Market Place
Nearest A&E hospital:	Name and Post code: Hull Royal Infirmary, Anlaby Road, Hull	Map available (where): Registration
Working telephone:	Landline or mobile: If mobile (reception checked?) Mobile reception available	Number: 07751 481332 (BS mobile)
First Aid cover	Name of first aider Mary Carrick/Brian Slater/Mary Vickers	Located where? Registration Green Dragon Pub (front room)

## The Risk Assessment

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul> <li>What control measure?</li> <li>Who is responsible?</li> </ul>
In area to be used (indoor / outdoor): Outdoors		
Wire / ruined fences	Low risk – low/medium severity	All known ruined fences are marked on the map.
Uneven surfaces on the course Uneven surfaces Car park, etc	Low risk – low/medium severity Low risk – low/medium severity	Competitors aware – all events have uneven surfaces
Undergrowth/tree branches	Low risk – low/medium severity	Competitors aware – not a significant issue.
Slippery surfaces	Low risk – low/medium severity	Warnings to participants about slippery ground if required.
Traffic	Low risk – medium/high severity	All courses will cross roads, competitors to be warned.
Participants		
Clothing/shoes/equipment	Low risk - low severity	Competitors checked by 'Starter' that they are correctly equipped. High Vis (compulsory) and spare batteries recommended.
Unexpected reactions/allergies	Low risk - low severity	Not required in daylight. First Aid Kit at registration, phone ambulance if required.
Competitors not returning	Low risk - high severity	Register maintained of starters, search procedure implemented if required

Other people/activities in area		
Pedestrians/Cyclists/Dog walkers	Low risk - low severity	Competitors to be warned to take care running around corners, etc.
Stranger Danger	Low risk – high severity	All Juniors under 16 to be accompanied by adult/s.
Weather		Organiser (BS) to check weather forecast prior to event
Bad weather (wet/cold)	Medium risk - medium severity	Check clothing is appropriate for weather. (Starter) Cancel event if conditions poor.
Heat	Low risk - medium severity	Advise participants to be hydrated. (Organiser) Unlikely for this winter evening event.
Equipment Computer equipment	Low risk - low/medium severity	Cabling inside the building to be kept tidy, all connections to be secure.

## Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

Area to be used: Indoors	Area to be used: Outdoors	Equipment:
Floor surface	Uneven surfaces	<ul> <li>Pencils in hand when running</li> </ul>
<ul> <li>Other equipment/obstacles</li> </ul>	<ul> <li>Slopes/steps</li> </ul>	Pin punches
<ul> <li>Shared use (dining room / other activities)</li> </ul>	Slippery surfaces	Cane tops
	Tree roots/branches	Tent guys
	<ul> <li>Vegetation (prickly, stinging)</li> </ul>	<ul> <li>Electrical equipment – cables</li> </ul>
	Wire / ruined fences	Generators
	Walls to be climbed	Cooking equipment
	<ul> <li>Litter (glass, used needles)</li> </ul>	
	<ul> <li>Water (streams, rivers, ponds)</li> </ul>	
	Cliffs / crags	
	<ul> <li>Traffic (including road crossings)</li> </ul>	
	Rail / tram lines	
	<ul> <li>Mineshafts / caves</li> </ul>	
	Military debris	
Participants:	Other people / activities in area:	Weather:
<ul> <li>Clothing / shoes</li> </ul>	<ul> <li>Walking dogs</li> </ul>	Cold / heat
<ul> <li>Existing medical conditions</li> </ul>	Cyclists	Rain / snow / hail
<ul> <li>Unexpected reactions/allergies</li> </ul>	Horse riders	Excessive wind
Disorientation	<ul> <li>Forestry operations</li> </ul>	Lightning
Tiredness	Park maintenance	
	<ul> <li>Shooting / archery</li> </ul>	
	Golf	
	<ul> <li>Stranger danger</li> </ul>	