

### Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.



<b>Name of Club / satellite club name / after school club</b>		Humberside and Lincolnshire Orienteers	
<b>Name of person completing this form</b>	Brian Slater	<b>Position of person completing this form (coach, organiser etc)</b>	Organiser
<b>Venue for session / event / activity</b>	Beverley Market Place Green Dragon Pub	<b>Date for session / event / activity</b>	Tuesday 27 March 2018
<b>Name of person in charge of session / event / activity</b>		Brian Slater	
<b>Risk assessment signed</b>	<i>B Slater</i>	<b>Risk assessment dated</b>	Tuesday 27 March 2018
<b>Risk assessment checked by (name, position and date)</b>	<b>Print name &amp; position (coach mentor, controller etc):</b> Brian Ward		
	<b>Sign and date:</b> Tuesday 27 March 2018		

### Emergency Information

<b>Emergency access point (for emergency vehicles)</b>	<b>Post code / grid reference:</b> Green Dragon; (Long. Latt.503245,439617)	<b>Place from which signed</b> Beverley Market Place
<b>Nearest A&amp;E hospital:</b>	<b>Name and Post code:</b> Hull Royal Infirmary, Anlaby Road, Hull	<b>Map available (where):</b> Registration
<b>Working telephone:</b>	<b>Landline or mobile:</b> <b>If mobile (reception checked?)</b> Mobile reception available	<b>Number:</b> <b>07751 481332 (BS mobile)</b>
<b>First Aid cover</b>	<b>Name of first aider</b> Mary Carrick/Brian Slater/Mary Vickers	<b>Located where?</b> Registration Green Dragon Pub (front room)

## The Risk Assessment

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

**NB:** it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> <li>• What control measure?</li> <li>• Who is responsible?</li> </ul>
<p><b>In area to be used (indoor / outdoor):</b> Outdoors</p> <p style="padding-left: 40px;">Wire / ruined fences</p> <p style="padding-left: 40px;">Uneven surfaces on the course Uneven surfaces Car park, etc</p> <p style="padding-left: 40px;">Undergrowth/tree branches</p> <p style="padding-left: 40px;">Slippery surfaces</p> <p style="padding-left: 40px;">Traffic</p>	<p style="padding-left: 40px;">Low risk – low/medium severity</p> <p style="padding-left: 40px;">Low risk – low/medium severity Low risk – low/medium severity</p> <p style="padding-left: 40px;">Low risk – low/medium severity</p> <p style="padding-left: 40px;">Low risk – low/medium severity</p> <p style="padding-left: 40px;">Low risk – medium/high severity</p>	<p style="padding-left: 40px;">All known ruined fences are marked on the map.</p> <p style="padding-left: 40px;">Competitors aware – all events have uneven surfaces</p> <p style="padding-left: 40px;">Competitors aware – not a significant issue.</p> <p style="padding-left: 40px;">Warnings to participants about slippery ground if required.</p> <p style="padding-left: 40px;">All courses will cross roads, competitors to be warned.</p>
<p><b>Participants</b></p> <p>Clothing/shoes/equipment</p> <p>Unexpected reactions/allergies</p> <p>Competitors not returning</p>	<p style="padding-left: 40px;">Low risk - low severity</p> <p style="padding-left: 40px;">Low risk - low severity</p> <p style="padding-left: 40px;">Low risk - high severity</p>	<p style="padding-left: 40px;">Competitors checked by 'Starter' that they are correctly equipped. High Vis (compulsory) and spare batteries recommended. Not required in daylight. First Aid Kit at registration, phone ambulance if required.</p> <p style="padding-left: 40px;">Register maintained of starters, search procedure implemented if required</p>

<p><b>Other people/activities in area</b></p> <p>Pedestrians/Cyclists/Dog walkers</p> <p>Stranger Danger</p>	<p>Low risk - low severity</p> <p>Low risk – high severity</p>	<p>Competitors to be warned to take care running around corners, etc.</p> <p>All Juniors under 16 to be accompanied by adult/s.</p>
<p><b>Weather</b></p> <p>Bad weather (wet/cold)</p> <p>Heat</p>	<p>Medium risk - medium severity</p> <p>Low risk - medium severity</p>	<p>Organiser (BS) to check weather forecast prior to event</p> <p>Check clothing is appropriate for weather. (Starter) Cancel event if conditions poor.</p> <p>Advise participants to be hydrated. (Organiser) Unlikely for this winter evening event.</p>
<p><b>Equipment</b></p> <p>Computer equipment</p>	<p>Low risk - low/medium severity</p>	<p>Cabling inside the building to be kept tidy, all connections to be secure.</p>

**Examples of hazards with the potential to cause harm**

**NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.**

<p><b>Area to be used: Indoors</b></p> <ul style="list-style-type: none"> <li>• Floor surface</li> <li>• Other equipment/obstacles</li> <li>• Shared use (dining room / other activities)</li> </ul>	<p><b>Area to be used: Outdoors</b></p> <ul style="list-style-type: none"> <li>• Uneven surfaces</li> <li>• Slopes/steps</li> <li>• Slippery surfaces</li> <li>• Tree roots/branches</li> <li>• Vegetation (prickly, stinging)</li> <li>• Wire / ruined fences</li> <li>• Walls to be climbed</li> <li>• Litter (glass, used needles)</li> <li>• Water (streams, rivers, ponds)</li> <li>• Cliffs / crags</li> <li>• Traffic (including road crossings)</li> <li>• Rail / tram lines</li> <li>• Mineshafts / caves</li> <li>• Military debris</li> </ul>	<p><b>Equipment:</b></p> <ul style="list-style-type: none"> <li>• Pencils in hand when running</li> <li>• Pin punches</li> <li>• Cane tops</li> <li>• Tent guys</li> <li>• Electrical equipment – cables</li> <li>• Generators</li> <li>• Cooking equipment</li> </ul>
<p><b>Participants:</b></p> <ul style="list-style-type: none"> <li>• Clothing / shoes</li> <li>• Existing medical conditions</li> <li>• Unexpected reactions/allergies</li> <li>• Disorientation</li> <li>• Tiredness</li> </ul>	<p><b>Other people / activities in area:</b></p> <ul style="list-style-type: none"> <li>• Walking dogs</li> <li>• Cyclists</li> <li>• Horse riders</li> <li>• Forestry operations</li> <li>• Park maintenance</li> <li>• Shooting / archery</li> <li>• Golf</li> <li>• Stranger danger</li> </ul>	<p><b>Weather:</b></p> <ul style="list-style-type: none"> <li>• Cold / heat</li> <li>• Rain / snow / hail</li> <li>• Excessive wind</li> <li>• Lightning</li> </ul>