

VICTORIA DOCK VILLAGE VIRTUAL POC, MapRun

Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		Humberside and Lincolnshire Orienteers	
Name of person completing this form	Paul Simmons	Position of person completing this form (coach, organiser etc)	Organiser
Venue for session / event / activity	Victoria Dock Village	Date for session / event / activity	From 12/3/2021 onwards
Name of person in charge of session / event / activity		Paul Simmons	
Risk assessment signed	<i>P. Simmons</i>	Risk assessment dated	10/3/2021
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc): Ken Hutson (Committee Member)		
	Sign and date: 10/3/2021		

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference:	Place from which signed: N/A
Nearest A&E hospital:	Name and Post code: Hull RI, Anlaby Road, Hull. HU3 2JZ	Map available (where): With Organiser (PS)
Working telephone:	Landline or mobile: If mobile (reception checked?) Good mobile reception on all networks. Nearly all competitors will have phones with them	Number: 999
First Aid cover	Name of first aider: N/A Activity to be carried out independently by entrant.	Located where? Hull RI, Anlaby Road, Hull. HU3 2JZ

The Risk Assessment (9/3/2021)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

This activity is a Virtual Orienteering Course (MapRun) and it is totally unsupervised. Participants can choose when, how and under what conditions they take part. No club member will be present.

This risk assessment covers generic hazards associated with orienteering in most types of urban terrain and identifies any other significant hazards in the area specific to this course

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
COVID – 10 Considerations: People attending who display covid symptoms Transmission/asymptomatics Self Distancing Group Size Travel Hygiene Masks	Very High severity (possible death) /low likelihood.(activity is out of doors)	Final email communications, website (if used) and the map all to include statements to the effect of reminding participants that it is their responsibility to follow the current government covid regulations and guidance whilst undertaking this activity including the need for participants to avoid close contact with other members of the public whilst participating. There will be no orienteering equipment being used apart from the participant’s personal phone and possibly their GPS watch so very little risk of cross contamination.
In area to be used (indoor / outdoor): Outdoors Uneven surfaces on the course Uneven surfaces Car park, etc	Low risk – low/medium severity Low risk – low/medium severity	. This is an unsupervised activity. Participants undertake it at their own risk and are responsible for their own safety, including being aware of any physical hazards

Undergrowth/tree branches	Low risk – low/medium severity	All courses will cross roads, competitors will be warned that No Under 16's to be allowed to participate unless unaccompanied by an adult. This notice will be on the final email, the website (if used) and the map
Slippery surfaces	Low risk – low/medium severity	
Traffic	Low risk – low/medium severity	
Participants		
Clothing/shoes/equipment	Low risk - low severity	This is an unsupervised activity. Participants undertake it at their own risk and are responsible for their own safety, including being aware of any physical hazards This includes the choice of clothing and suitable footwear and lighting and Hi Viz should they choose to participate at night. The final email, the website (if used) and the map will include statements to this effect
Unexpected reactions/allergies	Low risk - low severity	
Competitors not returning	Low risk - high severity	
Other people/activities in area		
Dog walkers/pedestrians etc	Low risk - low severity	This is an unsupervised activity. Participants undertake it at their own risk and are responsible for their own safety, including being aware of any physical hazards No under 16's to be unaccompanied. The final email, the website (if used) and the map will include statements to this effect.
Stranger Danger	Low risk – high severity	
Weather		
Bad weather (wet/cold)	Medium risk - medium severity	This is an unsupervised activity. Participants undertake it at their own risk and are responsible for their own safety, including being aware of any physical hazards Competitors should not attempt to run the course when: <ul style="list-style-type: none"> • snow is forecast, falling or lying on the ground; • frost and/or fog is forecast or ground is covered in frost; • heavy rain and/or thunderstorms are forecast; • the temperature is very high.
Darkness	Medium Risk- medium severity	
Heat	Low risk - medium severity	

<p>Selection of day and time to compete the course</p> <p>Collision with road traffic.</p> <p>Darkness</p>	<p>Medium risk – low/high severity</p>	<p>Orienteers should avoid the days and/or times of day when traffic volumes are likely to be higher than normal e.g morning/evening 'rush-hours'.</p> <p>If running during low-light, dusk or in darkness, orienteers should wear appropriate high visibility garments and suitable lighting to enable them to see and, if necessary be seen.</p>
<p>Specific hazards in the area relating to this risk assessment</p> <p>Deep Water</p> <p>Slippy surfaces- wooden walkways</p> <p>Moving vehicles</p>	<p>Low Risk/ High severity</p> <p>Medium Risk/low severity</p> <p>Low Risk/ medium severity</p>	<p>All edges to open water (the Dock, River Humber) have protective walls/ barriers to prevent falling in.</p> <p>Advice on slippy surfaces on maps and HALO website</p> <p>Particularly The Deep Car Park. Advice on taking care of moving vehicles given on maps and on the HALO website. Course route may cross the Car Park.</p>
<p>Equipment</p> <p>Computer equipment</p>	<p>Low risk - low/medium severity</p>	<p>No equipment being used apart from participant's personal phone and possibly GPS watch.</p>