

Green 4.7 km 75 m			
1	Haskins, Phil	IND	42:54
2	Williams, Matthew	HALO	44:41
3	Van Dam, Paul	HALO	46:21
4	Gray, Phil	HALO	50:02
5	Slater, Brian	HALO	56:35
6	Smith, Alex	HALO	1:00:48
7	Carrick, Mary	HALO	1:11:15
8	Brittain, Lindsey	HALO	1:15:17
9	Tyszka, Mark	HALO	1:18:19
	Gymer, Alex	IND	retired

	Green Handicap Points	Handicap mins per km	Predicted time	Actual time	Time Difference	+(better) -(worse)	Points
1	Haskins, Phil	13:00	1:01:45	42:54	18:51	+	50
2	Williams, Matthew	13:00	1:01:45	44:41	17:04	+	49
3	Smith, Alex	12:41	1:00:15	1:00:48	00:33	-	48
4	Van Dam, Paul	09:30	0:45:08	46:21	01:14	-	47
5	Gray, Phil	10:11	0:48:22	50:02	01:40	-	46
6	Carrick, Mary	13:50	1:05:43	1:11:15	05:32	-	45
7	Slater, Brian	10:07	0:48:03	56:35	08:32	-	44
8	Brittain, Lindsey	13:30	1:04:08	1:15:17	11:09	-	43
9	Tyszka, Mark	11:23	0:54:04	1:18:19	24:15	-	42