Humberside and LincoInshire Orienteers

www.halo-orienteering.org.uk

Scardale & Knapton Regional Event

Sunday 7th April 2013



(correct at 03:04:13)

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Fees for entry on the day: Juniors (under 21) – all courses £3; Seniors (White – Light Green) £5; Seniors (Very Short Green – Black) £10.			
Starts will be from 1030 to1230. Start times will be allocated to pre- entered competitors and they will have priority only at their allocated time. Competitors will only be allowed to start if their name is on the pre- entry list or if they have an EOD course card. A punching start will be used by all competitors.			
See table below for details. Unfortunately, it will not be possible to offer a String Course at this event.			
1:10000 (Green – Black), 1:7,500 (White – Short Green), 5m contours. Survey 2006, minor updates 2013. Maps (A4 size) will be printed on waterproof paper.			
 Consists of two areas of mixed woodland on well drained chalk slopes joined together by a public footpath. The farmland to the east and west of the footpath is Out of Bounds. The landowner has specifically requested that competitors keep to the footpath when running between the two areas of woodland and do not attempt to run inside the field boundaries. Both areas feature a variety of contour details with generally good runnability. 			
Control descriptions will be on the map, loose ones will be available from the Start lanes (-2). White and Yellow courses will have written descriptions. All other courses will use IOF symbols. The following additional symbols have been used for control descriptions:			
Black cross (X) has been used to indicate a tripod.			
Sport Ident (SI) will be used for all courses. Controls are mounted on the top of stakes with a standard kite. The control number will be marked on the control unit. SI cards (dibbers) may be hired (£1 fee) from Registration. There is a £30 charge for lost or damaged SI Cards.			
Competitors take part at their own risk and are responsible for their own safety. Competitors should carry a whistle. Car keys may be left at Registration if necessary. Competitors travelling alone should leave their car keys and particulars at Registration. Competitors should not cross fences other than at official crossing points/gates. However, there are some low, mesh fences in the competition area which are marked on the map and may be crossed. Courses Green-Black cross the access road once at the marked crossing point. Care should be taken as competitors/camp-site customers may be driving in or out as you cross the road. The crossing point will be supervised and notices erected to warn drivers. After crossing the road, the eastern footpath boundary may be an electric fence, in which case it will be taped-off and must not be crossed. Competitors should note the impassable crags (Knapton) marked on the maps. Cagoules and whistles may be compulsory in the event of adverse weather conditions. In such circumstances, competitors will be notified upon arrival at the event. All competitors must report to download in the Registration room, even			

	if they do not complete their course.					
	First Aid & details of nearest A&E will be available from Registration.					
Results	These will be published on the HALO. Competitors wanting a printed copy must deposit a stamped addressed envelope at Registration. Route Gadget will be available for this event.					
Cancellation	If it is necessary to cancel the event, a notice will be placed on the HALO website. The Organiser may be contacted if required. Pre- entered competitors on Fabian4 will be notified by E-mail.					
Acknowledgements	 HALO is grateful to the following landowners for their generous support of this event: Mr & Mrs. Cholmley (Scardale), Mr K Sowden (Knapton) and Mr. & Mrs. Watson (Wolds Way Caravan Park). The Caravan Park owner's daughter is taking part in a charity event for Cancer Research. There will be a collection bucket at Registration. Please show your support. 					
Officials	Controller: David Horn (EBOR) Planner: Paul Simmons Organiser: Ken Hutson; <u>ken.hutson@gmail.com</u> ; 01482 632529; 07748 763368					

Course	Technical difficulty	Approx length (km)	Climb (m)	Controls	Age Class recommendations
White	Easy	1.5	30	6	Younger beginners
Yellow	Easy/Moderate	2.4	40	9	M10; W10; Older beginners
Orange	Moderate	2.8	105	7	M12; W12; Adult beginners
Light Green	Fairly hard	3.1	105	10	M14; W14
Very Short Green	Hard	3.1	125	9	Long: W75 Short: W55-65
Short Green	Hard	3.6	120	11	Long: M75-80;W65-80 Short: M65-70; W45-60; W18-20
Green	Hard	4.2	175	13	Long: M65*; M70; W55-60 Short M55-60; W35-40; M18-20 W16
Short Blue	Hard	5.0	185	17	Long: M65; W45-50; W18-20 Short: M45-50; W21
Blue	Hard	5.9	200	17	Long: M55-60; W35-40 Short: M35-40 M16
Short Brown	Hard	7.5	315	24	Long: M45-50; W21; M18-20 Short: M21
Brown	Hard	9.0	430	27	Long: M35-40
Black	Hard	10.8	425	27	Long: M21

*Any M65L who wishes to run Short Blue (the BOF recommended colour for M65-69) will still count for the YOS, their points in the YOS being based on their minutes per kilometre (adjusted for height gain).

Thank you for supporting this event. HALO hopes you have an enjoyable run and wishes you a safe journey to and from the event.