



Lincolnshire Urban League 2018.....

".....it's coming home.....it's coming home....."

Well the men's medium trophy is coming home to Wootton.

Well done Dom on securing the title at Woodhall Spa last week .

The team competition however is a lot tighter, with LOG catching up. So it's all to play for at the final event in Market Rasen this Wednesday evening.

Isoldt has planned the 3 courses, but with a different assembly area to before.

Meet at the field, south side of Willingham Road, for 6pm starts.

Weekend Results.....

Charlotte Ward was near Stirling for the Sprint Scotland competition. Three races over two days saw her finish 11th in the women's elite class. (2nd British finisher)

Farther south at Barnard Castle, CLOK had an urban event. On the men's open Brian Ward was 7th and George Van Dam was 10th.

Paul was 13th MV, Amanda 27th WSV and Marie 8th on course number 5.

Geoff Holmes may have travelled the least, but probably ran the furthest, when he competed in the LOG Wolds Mini Mountain Marathon, finishing 31st.

Whilst Helen, Emma, Mike, Dorothy and JB found a local EBOR event in York.

Grimsby 10km.....

I see a few hardy HALO members ran the Grimsby 10km road race on Sunday.

Lee Smith in 39 minutes, Brian Hostad in 44 mins, Lawrence Brown and Martin Manchester in 48 mins, Wayne Byrne in 49 mins, Jonathan Manchester in 51 mins and Kate Brown in 58 mins. Apologies if you also ran and I didn't see your result.

Meanwhile Mary Vickers was helping out at one of the water stations baptising runners as they went by, including the local MP.

HALO Summer Camp.....

Pete Harris recently emailed details of the HALO Summer Camp at Claxby.

There are orienteering events and training sessions as well as socials.

Please email Pete if you would like to attend all, or part of the weekend.

Events Coming Up.....

Wednesday 25th July, HALO - LUL 6 Market Rasen

29th July - 3rd August, LOC and others - Lakes 5 Days

3rd-12th August - World Orienteering Champs, Latvia

Friday 10th August, HALO - Claxby Summer Camp

Saturday 18th August, HALO - Mapping Course, Wootton

Sunday 19th August, LOG - Lincoln City Race

25th August, EBOR - White Rose Weekend

Saturday 1st September - British Sprint Champs, Bath

Sunday 2nd September - British Middle Distance Champs

Sunday 16th September, SLOW - London City Race

Useful links.....

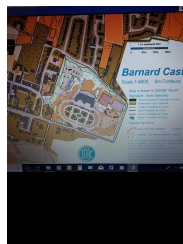
Websites of clubs and associations frequently mentioned in the HALO newsletter.

[AIRE](#), [CLARO](#), [CLOK](#), [DVO](#), [EBOR](#), [EPOC](#), [FABIAN](#), [LEI](#), [LOG](#), [NOC](#), [SYO](#), [YHOA](#)

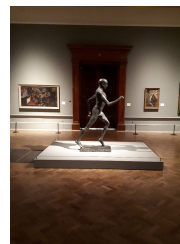
iPhone Picture Postcards.....



Emma Chan competing at Rowntree Park, York



The Bowes Museum features on the Barnard Castle Map



Running Man Royal Academy Summer Exhibition

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