

Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		Humberside and Lincolnshire Orienteers	
Name of person completing this form	Paul Simmons	Position of person completing this form (coach, organiser etc)	Organiser (Scouts)
Venue for session / event / activity	Hendale	Date for session / event / activity	Wednesday 30 th April 2025
Name of person in charge of session / event / activity		Paul Simmons (Scouts), Peter Harris (all other competitors)	
Risk assessment signed	Paul Simmons	Risk assessment dated	20/4/2025
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc): Peter Harris, (Controller) Mike Byron (Planner)		
	Sign and date: 20/4/2025		

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: Grid Ref TA 1071 0675	Place from which signed: Grasby Bottoms
Nearest A&E hospital:	Name and Post code: Diana, Princess of Wales Hospital, Grimsby Scartho Road, Grimsby DN33 2BA	Map available (where): Google Maps
Working telephone:	Landline or mobile: If mobile (reception checked?) Planner's mobile has reception on the site	Number: HALO Emergency Phone: 07942 678400 (number on map) And 07980 906994 (PS mobile)
First Aid cover	Name of first aider: Brian Slater/David Jolly/Wayne Byrne	Located where? At Registration Tent

The Risk Assessment (Hendale : 30/4/2025)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> What control measure? Who is responsible?
<p>In area to be used (indoor / outdoor): Outdoors</p> <p>Slopes</p> <p>Water</p> <p>Wire / ruined fences</p> <p>Uneven surfaces on the course Uneven surfaces Car park, etc</p> <p>Undergrowth/tree branches</p> <p>Slippery surfaces</p> <p>Traffic</p>	<p>Medium risk – low/medium severity</p> <p>Low/medium risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Medium risk – high severity</p>	<p>Competitors aware of position of slopes (very few in the area) - they are marked on the map with standard symbols. (Resp – Mapper PS/MB)</p> <p>Very little water on the terrain (possibly on one possible route to start (taped to avoid it)</p> <p>All known ruined fences are marked on the map.</p> <p>Competitors aware – all events have uneven surfaces</p> <p>Competitors aware – all events in wooded areas have branches/undergrowth.</p> <p>Warnings to participants about slippery ground, if wet</p> <p>Road crossing manned</p>
<p>Participants Clothing/shoes/equipment</p>	<p>Low risk - low severity</p>	<p>Competitors checked by Starter that they are correctly equipped.</p>

Unexpected reactions/allergies	Low risk - low severity	First Aid Kit at registration, phone ambulance if required.
Vulnerable Older Competitors	Low risk - high severity	Defibrillator at Registration. Such participants advised to be accompanied/shadowed/tracked. First response, phone ambulance.
Competitors, including Scouts, not returning, going astray	Low risk – medium severity	HALO register maintained of starters. Scouts to implement their own check independent of the HALO system Manned “catch point” for Scouts attending (PS/Bib) Scouts to be appropriately supervised by Scout Leaders. Course planned at appropriate level for young beginners (White/Planner). Briefing before their Start about procedures and dangers. Search Procedure, if required to be put into action; phones to be carried on search The woods are a closed area surrounded by roads and fields. Scouts to be advised not to walk along or cross roads, go into fields. Planner to restrict the Scouts course to the Southern half of the woods to make searching for strays easier.

Other people/activities in area		
Dog walkers	Low risk - low severity	Competitors to be made aware.
Stranger Danger	Low risk – high severity	Small area with reasonable visibility, the area is open to the public but very few people are expected in the area. Young inexperienced runners to be shadowed or accompanied. Advised not to talk to strangers unless wearing yellow hi viz bib or are known by the child as a Scout Leader/Helper.
Weather Bad weather (wet/cold)	Medium risk - medium severity	Check clothing is appropriate for weather.

Heat	Low risk - medium severity	(Starter) Cancel event if conditions poor.(Controller) Advise participants to be hydrated, if required (Planner) Controller/Planner (PH/MB) to check weather forecast prior to event
Equipment Computer equipment in tent Guy ropes on tent (trip hazard) Stakes (pointed to go in ground)	Low risk - low/medium severity Low Risk – Low severity Low Risk – Low severity	Cabling to be kept tidy, all connections to be secure. Red/white tape tied to ropes if likely to be trip hazard. Anyone carrying them to be advised to carry point down.

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

Area to be used: Indoors <ul style="list-style-type: none"> Floor surface Other equipment/obstacles Shared use (dining room / other activities) 	Area to be used: Outdoors <ul style="list-style-type: none"> Uneven surfaces Slopes/steps Slippery surfaces Tree roots/branches Vegetation (prickly, stinging) Wire / ruined fences Walls to be climbed Litter (glass, used needles) Water (streams, rivers, ponds) Cliffs / crags Traffic (including road crossings) Rail / tram lines Mineshafts / caves Military debris 	Equipment: <ul style="list-style-type: none"> Pencils in hand when running Pin punches Cane tops Tent guys Electrical equipment – cables Generators Cooking equipment
Participants:	Other people / activities in area:	Weather:

<ul style="list-style-type: none">• Clothing / shoes• Existing medical conditions• Unexpected reactions/allergies• Disorientation• Tiredness	<ul style="list-style-type: none">• Walking dogs• Cyclists• Horse riders• Forestry operations• Park maintenance• Shooting / archery• Golf• Stranger danger	<ul style="list-style-type: none">• Cold / heat• Rain / snow / hail• Excessive wind• Lightning
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