


### Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

<b>Name of Club / satellite club name / after school club</b>		Humberside and Lincolnshire Orienteers	
<b>Name of person completing this form</b>	Peter Harris	<b>Position of person completing this form (coach, organiser etc)</b>	Series CoOrdinator
<b>Venue for session / event / activity</b>	Normanby South	<b>Date for session / event / activity</b>	Wednesday 18 <sup>th</sup> May 2022
<b>Name of person in charge of session / event / activity</b>		Peter Harris	
<b>Risk assessment signed</b>		<b>Risk assessment dated</b>	18 <sup>th</sup> May 2022
<b>Risk assessment checked by (name, position and date)</b>	<b>Print name &amp; position (planner etc): Paul Simmons</b>		
	<b>Sign and date:</b>		

### Emergency Information

<b>Emergency access point (for emergency vehicles)</b>	<b>Post code / grid reference:</b> Grid Ref SE894158	<b>Place from which signed:</b> B1430 - O Kite & signs displayed
<b>Nearest A&amp;E hospital:</b>	<b>Name and Post code:</b> Scunthorpe DN157BH (Cliff Gardens) 01724-282282 Grimsby DN33 2BA (Scartho Road) 01472-874111	<b>Map available (where):</b> Registration (PH's file)
<b>Working telephone:</b>	<b>Landline or mobile:</b> <b>If mobile (reception checked?)</b> Signal checked prior to event.	<b>Number:</b> 07484 639477 (PH mobile)
<b>First Aid cover</b>	<b>Name of first aider:</b> Mary Carrick/Brian Slater/Jackie Edwards	<b>Located where?</b> At Registration

**The Risk Assessment** (Normanby South May 18<sup>th</sup> 2022)

**It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.**

**NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.**

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> <li>• What control measure?</li> <li>• Who is responsible?</li> </ul>
<b>In area to be used (indoor / outdoor):</b> Outdoors Slopes                 ) Ponds                 ) Fences                 )  Fallen Trees in woods  Uneven surfaces on the course Uneven surfaces Car park, etc   Undergrowth/tree branches  Slippery surfaces  Traffic   Fences  Nettles  COVID 19	Low risk – low/medium severity   Low risk – low/medium severity  Low risk – low/medium severity  Low/medium risk – low severity  Low risk – low/medium severity  Low/Medium risk - High severity  Low Risk – low/medium severity  Low Risk – low severity  Low Risk – medium/high severity	Competitors aware of position of Slopes, Ponds, Fences, etc. They are marked on Map with standard symbols. (Responsibility – Mapper BS) Courses planned to avoid the worst of these (Responsibility – Planner PS).  Competitors informed at Start – certain amount of recent thinning  Competitors aware – all events have uneven surfaces If in car-park, notice posted in final details (Responsibility – Organiser PH)  Competitors aware – standard for Orienteering Events  Competitors aware – standard for Orienteering Events  Traffic to and from parking – slow moving on access Registration Away (Responsibility – Organiser PH)  Competitors aware – standard for Orienteering Events, Junior courses avoid (electric/high) Prevalant this time of year, courses planned to avoid worst areas  BO Guidelines followed as per other Events in Series

<p><b>Participants</b>  Clothing/shoes/equipment  Unexpected reactions/allergies    Competitors not returning</p>	<p>Low risk - low severity  Low risk - low severity    Low risk - high severity</p>	<p>Competitors checked by Starter that they are correctly equipped.  First Aid Kit at registration, phone ambulance if required.    Register maintained of starters, search procedure implemented if required (competitors advised to carry whistles to sound alarm if can't move)</p>
<p><b>Other people/activities in area</b>  Dog walkers expected in area    Horses</p>	<p>Low risk - medium severity    Low risk – high severity</p>	<p>Dog walkers in area plus light slow moving traffic    Possible for training purposes</p>
<p><b>Weather</b>  Bad weather (wet/cold)</p>	<p>Low risk - medium severity  Low risk - medium severity</p>	<p>Check clothing is appropriate for weather. (Starter)  Advise participants to be hydrated. (Organiser)  Longer daylight hours in May    Organiser (PH) checked weather forecast prior to event (18C)</p>
<p><b>Equipment</b>  Computer equipment</p>	<p>Low risk - low/medium severity</p>	<p>Cabling to be kept tidy, all connections to be secure.</p>

**Examples of hazards with the potential to cause harm**

**NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.**

<p><b>Area to be used: Indoors</b></p> <ul style="list-style-type: none"> <li>• Floor surface</li> <li>• Other equipment/obstacles</li> <li>• Shared use (dining room / other activities)</li> </ul>	<p><b>Area to be used: Outdoors</b></p> <ul style="list-style-type: none"> <li>• Uneven surfaces</li> <li>• Slopes/steps</li> <li>• Slippery surfaces</li> <li>• Tree roots/branches</li> <li>• Vegetation (prickly, stinging)</li> <li>• Wire / ruined fences</li> <li>• Walls to be climbed</li> <li>• Litter (glass, used needles)</li> <li>• Water (streams, rivers, ponds)</li> <li>• Cliffs / crags</li> <li>• Traffic (including road crossings)</li> <li>• Rail / tram lines</li> <li>• Mineshafts / caves</li> <li>• Military debris</li> </ul>	<p><b>Equipment:</b></p> <ul style="list-style-type: none"> <li>• Pencils in hand when running</li> <li>• Pin punches</li> <li>• Cane tops</li> <li>• Tent guys</li> <li>• Electrical equipment – cables</li> <li>• Generators</li> <li>• Cooking equipment</li> </ul>
<p><b>Participants:</b></p> <ul style="list-style-type: none"> <li>• Clothing / shoes</li> <li>• Existing medical conditions</li> <li>• Unexpected reactions/allergies</li> <li>• Disorientation</li> <li>• Tiredness</li> </ul>	<p><b>Other people / activities in area:</b></p> <ul style="list-style-type: none"> <li>• Walking dogs</li> <li>• Cyclists</li> <li>• Horse riders</li> <li>• Forestry operations</li> <li>• Park maintenance</li> <li>• Shooting / archery</li> <li>• Golf</li> <li>• Stranger danger</li> </ul>	<p><b>Weather:</b></p> <ul style="list-style-type: none"> <li>• Cold / heat</li> <li>• Rain / snow / hail</li> <li>• Excessive wind</li> <li>• Lightning</li> </ul>