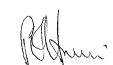


Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		Humberside and Lincolnshire Orienteers	
Name of person completing this form	Peter Harris	Position of person completing this form (coach, organiser etc)	Series CoOrdinator
Venue for session / event / activity	Normanby South	Date for session / event / activity	Wednesday 19 th April 2023
Name of person in charge of session / event / activity		Peter Harris	
Risk assessment signed		Risk assessment dated	17 th April 2023
Risk assessment checked by (name, position and date)	Print name & position (planner etc): Mike Byron		
	Sign and date:		

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: Grid Ref SE894158	Place from which signed: B1430 - O Kite & signs displayed
Nearest A&E hospital:	Name and Post code: Scunthorpe DN157BH (Cliff Gardens) 01724-282282 Grimsby DN33 2BA (Scartho Road) 01472-874111	Map available (where): Registration (
Working telephone:	Landline or mobile: If mobile (reception checked?) Signal checked prior to event.	Number: 07942 678400 (HALO mobile)
First Aid cover	Name of first aider: Mary Carrick/Karen Cook/Megan Smith	Located where? At Registration

The Risk Assessment (Normanby South April 19th 2023)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
<p>In area to be used (indoor / outdoor): Outdoors</p> <p>Slopes) Ponds) Fences)</p> <p> Fallen Trees in woods</p> <p> Uneven surfaces on the course Uneven surfaces Car park, etc</p> <p> Undergrowth/tree branches</p> <p> Slippery surfaces</p> <p> Traffic</p> <p> Fences</p> <p> Nettles</p> <p> COVID 19</p>	<p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low/medium risk – low severity</p> <p>Low risk – low/medium severity</p> <p>Low/Medium risk - High severity</p> <p>Low Risk – low/medium severity</p> <p>Low Risk – low severity</p> <p>Low Risk – medium/high severity</p>	<p>Competitors aware of position of Slopes, Ponds, Fences, etc. They are marked on Map with standard symbols. (Responsibility – Mapper BS)</p> <p>Courses planned to avoid the worst of these (Responsibility – Planner MB).</p> <p>Competitors informed at Start – certain amount of recent thinning</p> <p>Competitors aware – all events have uneven surfaces If in car-park, notice posted in final details (Responsibility – Organiser PH)</p> <p>Competitors aware – standard for Orienteering Events</p> <p>Competitors aware – standard for Orienteering Events</p> <p>Traffic to and from parking plus limited on road– slow moving on access and Bagmoor Lane Registration Away (Responsibility – Organiser PH)</p> <p>Competitors aware – standard for Orienteering Events, Growth this time of year, courses planned to avoid worst areas</p> <p>BO Guidelines followed as per other Events in Series</p>

<p>Participants Clothing/shoes/equipment Unexpected reactions/allergies Competitors not returning</p>	<p>Low risk - low severity Low risk - low severity Low risk - high severity</p>	<p>Competitors checked by Starter that they are correctly equipped. First Aid Kit at registration, phone ambulance if required. Register maintained of starters, search procedure implemented if required (competitors advised to carry whistles to sound alarm if can't move)</p>
<p>Other people/activities in area Dog walkers expected in area Horses</p>	<p>Low risk - medium severity Low risk – high severity</p>	<p>Dog walkers in area plus light slow moving traffic Possible for training purposes</p>
<p>Weather Bad weather (wet/cold)</p>	<p>Low risk - medium severity Low risk - medium severity</p>	<p>Check clothing is appropriate for weather. (Starter) Advise participants to be hydrated. (Organiser) Longer daylight hours in May Organiser (PH) checked weather forecast prior to event (18C)</p>
<p>Equipment Computer equipment</p>	<p>Low risk - low/medium severity</p>	<p>Cabling to be kept tidy, all connections to be secure.</p>

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

<p>Area to be used: Indoors</p> <ul style="list-style-type: none"> • Floor surface • Other equipment/obstacles • Shared use (dining room / other activities) 	<p>Area to be used: Outdoors</p> <ul style="list-style-type: none"> • Uneven surfaces • Slopes/steps • Slippery surfaces • Tree roots/branches • Vegetation (prickly, stinging) • Wire / ruined fences • Walls to be climbed • Litter (glass, used needles) • Water (streams, rivers, ponds) • Cliffs / crags • Traffic (including road crossings) • Rail / tram lines • Mineshafts / caves • Military debris 	<p>Equipment:</p> <ul style="list-style-type: none"> • Pencils in hand when running • Pin punches • Cane tops • Tent guys • Electrical equipment – cables • Generators • Cooking equipment
<p>Participants:</p> <ul style="list-style-type: none"> • Clothing / shoes • Existing medical conditions • Unexpected reactions/allergies • Disorientation • Tiredness 	<p>Other people / activities in area:</p> <ul style="list-style-type: none"> • Walking dogs • Cyclists • Horse riders • Forestry operations • Park maintenance • Shooting / archery • Golf • Stranger danger 	<p>Weather:</p> <ul style="list-style-type: none"> • Cold / heat • Rain / snow / hail • Excessive wind • Lightning