

14th May 2025 Tealby Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		Humberside and Lincolnshire Orienteers
Name of person completing this form	Isoldt Harris	Position of person completing this form (coach, organiser etc)
Venue for session / event / activity	Tealby	Date for session / event / activity
Name of person in charge of session / event / activity		Isoldt Harris (Day organiser)
Risk assessment signed	<i>I Harris</i>	Risk assessment dated 14 th May 2025
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc):	Controller Peter Harris
	Sign and date: 14.5.25	

Emergency Information :

Emergency access point (for emergency vehicles)	Post code / grid reference: Village Hall LN8 3XU	Place from which signed: Beck Hill, Tealby
Nearest A&E hospital:	Name and Post code: Grimsby DN33 2BA (Scartho Road) 01472-874111 Scunthorpe DN157BH (Cliff Gardens) 01724-282282	Map available (where): With organiser at Registration
Working telephone:	Landline or mobile: If mobile (reception checked?) Mobile reception intermittent	Number: 07484 639477 (P Harris mobile); 07920040679 (I Harris mobile)
First Aid cover	Name of first aider: David Jolly /Brian Slater/ Karen Cook(NHS) / Alex Smith	Located where? Registration

The Risk Assessment (14th May 2025)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> What control measure? Who is responsible?
In area to be used (indoor / outdoor): Outdoors Traffic Construction areas/Wire / ruined fences Uneven surfaces on the course Undergrowth/tree branches Water/River Slippery surfaces Livestock	Low risk – medium/high severity Low risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity Low risk = medium severity	All courses will cross roads, competitors to be warned. No under16's competing Construction areas marked OOB; All known ruined fences are marked on the map also some taped off. Competitors aware – all events have uneven surfaces Competitors aware – not a significant issue. Competitors to be made aware, including Fords Warnings to participants about slippery ground if required, especially Only sheep in competition areas
Participants Clothing/shoes/equipment Unexpected reactions/allergies Competitors not returning	Low risk - low severity Low risk - low severity Low risk - high severity	Competitors checked by Starter that they are correctly equipped. (Asked to wear reflective clothing and take head torches if darkness is looming) First Aid Kit including defibrillator at registration, phone ambulance if required. Register maintained of starters, search procedure implemented if

		required.
Other people/activities in area Pedestrians/dog walkers/cyclists, etc Stranger Danger	Low risk - low severity Low risk – high severity	Competitors to be warned to take care running round corners, etc. To be advised to look up frequently to avoid traffic and other collisions. Competitors should give way to other users of footpaths. No U16's competing
Weather If Darkness is looming Bad weather (wet/cold) Heat	Low risk - low severity Medium risk - medium severity Medium risk - medium severity	Reflective clothing and head torches recommended Check clothing is appropriate for weather. (Starter) Cancel event if conditions poor. Unlikely -Advise participants to be hydrated. (Organiser) Organiser (IH) to check weather forecast prior to event (As at 14 th May, expected weather –sunny 14°C)
Equipment Computer equipment	Low risk - low/medium severity	Cabling to be kept tidy, all connections to be secure.Computer equipment undercover