


Risk Assessment for Orienteering – Waltham 19th June 2024

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

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| Name of Club / satellite club name / after school club | | Humberside and Lincolnshire Orienteers |
| Name of person completing this form | Peter Harris | Position of person completing this form (coach, organiser etc) |
| Venue for session / event / activity | Waltham Urban | Date for session / event / activity |
| Name of person in charge of session / event / activity | | Isoldt Harris |
| Risk assessment signed | <i>P. Harris</i>  | Risk assessment dated |
| Risk assessment checked by (name, position and date) | Print name & position (coach mentor, controller etc): | 19/06/24 |
| | Sign and date: | |

Emergency Information : Local Police informed of Event

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| Emergency access point (for emergency vehicles) | Post code / grid reference: DN16 3UA | Place from which signed: Mount Pleasant off Fairway |
| Nearest A&E hospital: | Name and Post code: Grimsby DN33 2BA (Scartho Road) 01472-874111, Scunthorpe DN15 7BH (Cliff Gardens) 01724-282282 | Map available (where): With organiser at Registration |
| Working telephone: | Landline or mobile: If mobile (reception checked?) Mobile reception available | Number: 07920 040679 (I Harris mobile) 07484 639477 (P Harris mobile) |
| First Aid cover | Names of first aiders: Brian Slater/David Jolly/Karen Cook | Located where? Registration |

The Risk Assessment (19th June 2034 – Waltham Urban Event)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

| Hazard – note under these headings (see suggested examples to consider) | Possible outcome / injury including note on severity and likelihood of occurrence | Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible? |
|---|--|---|
| <p>In area to be used (indoor / outdoor): Outdoors</p> <p>Traffic</p> <p>Wire / ruined fences</p> <p>Uneven surfaces on the course</p> <p>Undergrowth/tree branches</p> <p>Water/River</p> <p>Slippery surfaces</p> | <p>Low risk – medium/high severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> | <p>Highway Code to be followed. Courses will cross predominantly minor roads, competitors to be warned. Under 16's courses planned on paths, traffic calmed areas and open areas.</p> <p>All known ruined fences are marked on the map.</p> <p>Competitors aware – all events have uneven surfaces</p> <p>Competitors aware – not a significant issue.</p> <p>Competitors to be made aware, bridges mapped.</p> <p>Warnings to participants about slippery ground if required.</p> |
| <p>Participants</p> <p>Clothing/shoes/equipment</p> <p>Unexpected reactions/allergies</p> <p>Competitors not returning</p> | <p>Low risk - low severity</p> <p>Low risk - medium severity</p> <p>Low risk - high severity</p> | <p>Competitors checked by Starter that they are correctly equipped. Competitors advised to stay hydrated</p> <p>First Aid Kit at registration, phone ambulance if required.</p> <p>Register maintained of starters, search procedure implemented if required.</p> |
| <p>Other people/activities in area</p> <p>Pedestrians/dog walkers/cyclists, etc</p> <p>Stranger Danger</p> | <p>Low risk - low severity</p> <p>Low risk – high severity</p> | <p>Competitors to be warned to take care approaching corners and alleyways etc. Competitors should give way to other users of footpaths and walkways etc.</p> <p>Random Checks & parents 'following' when U16's competing.</p> |

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|------------------------|--------------------------------|--|
| Marshals / Officials | Low risk - low severity | Officials have been on an Event Safety Workshop |
| Weather | | |
| Bad weather (wet/cold) | Low risk - low severity | Competitors are advised to have head torches. |
| Heat | Medium risk - medium severity | Check clothing is appropriate for weather. (Starter) |
| | Medium risk - medium severity | Advise participants to be hydrated. (Organiser) 18 Degrees C Forecast. Organiser (PH) to check weather forecast prior to event |
| Equipment | | |
| Computer equipment | Low risk - low/medium severity | Cabling to be kept tidy, all connections to be secure. |

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

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| <p>Area to be used: Indoors</p> <ul style="list-style-type: none"> • Floor surface • Other equipment/obstacles • Shared use (dining room / other activities) | <p>Area to be used: Outdoors</p> <ul style="list-style-type: none"> • Uneven surfaces • Slopes/steps • Slippery surfaces • Tree roots/branches • Vegetation (prickly, stinging) • Wire / ruined fences • Walls to be climbed • Litter (glass, used needles) • Water (streams, rivers, ponds) • Cliffs / crags • Traffic (including road crossings) • Rail / tram lines • Mineshafts / caves • Military debris | <p>Equipment:</p> <ul style="list-style-type: none"> • Pencils in hand when running • Pin punches • Cane tops • Tent guys • Electrical equipment – cables • Generators • Cooking equipment |
| <p>Participants:</p> <ul style="list-style-type: none"> • Clothing / shoes • Existing medical conditions • Unexpected reactions/allergies • Disorientation • Tiredness | <p>Other people / activities in area:</p> <ul style="list-style-type: none"> • Walking dogs • Cyclists • Horse riders • Forestry operations • Park maintenance • Shooting / archery • Golf • Stranger danger | <p>Weather:</p> <ul style="list-style-type: none"> • Cold / heat • Rain / snow / hail • Excessive wind • Lightning |