

Risk Assessment for Orienteering – Willingham Woods 9.4.2025

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		HALO	
Name of person completing this form	Peter Harris	Position of person completing this form (coach, organiser etc)	Planner
Venue for session / event / activity	Willingham Woods	Date for session / event / activity	9 th April 2025
Name of person in charge of session / event / activity		Peter Harris	
Risk assessment signed		Risk assessment dated	
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc): Brian Slater		
	Sign and date:		

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: TF132888 (Assembly) TF136884 (Access Point)	Place from which signed: A631 Willingham Woods Car Park
Nearest A&E hospital:	Name and Post code: Louth LN11 0EU <u>01507 600100</u> Lincoln LN2 5QY <u>01522 512512</u>	Map available (where): At Assembly
Working telephone:	Landline or mobile: If mobile (reception checked?) 07484639477	Number:
First Aid cover	Name of first aider: Brian Slater, David Jolly, Wayne Byrne	Located where? Assembly

The Risk Assessment

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> What control measure? Who is responsible?
In area to be used (indoor / outdoor): All outdoor hazards (general) Slippery Surfaces Fire Hazards Roads tracks Site access and egress Water Darkness Ticks	Injuries from hazards found in woodlands -tree roots, fallen trees, brambles, nettles, tree branches, fences etc. Medium Risk/low severity Low risk/low to medium severity Injuries plus environmental damage Low Risk/High Severity Injuries resulting with collisions Severity high/ likelihood low Injuries resulting with collisions Severity high/ likelihood low Drowning exposure Medium risk –low/medium severity Low risk/medium to high severity	RA on website and hard copy available Courses planned to avoid the worst Undergrowth mapped Competitors aware – standard for Orienteering Events No slopes, very dry No vehicles in woodland, only on main tracks. No fires or barbecues Courses planned not to cross Wide tracks, good visibility, little traffic in woodland. Competitors warned by email of congestion at entrance with motor cycles. Bodies of water mapped Last Start 6.45pm Courses Close 7.45pm. Sufficient Daylight Competitors warned

Participants Competitor off course, disorientated, lost Injuries/fatigue Clothing/shoes/equipment Stranger Danger	Severity moderate to low/ likelihood moderate to low Severity moderate to low/ likelihood moderate to low Low severity/likelihood low High severity/ likelihood low	Competitors advised on technicality and length of course. Novices coached. Procedures for lone travellers Procedures for ensuring all competitors returned First Aid in place Competitors told full leg cover required No Juniors competing
Other people/activities in area Public expected in area , there may be dogs / horses / pedestrians/cycles Stranger Danger Motor Cyclist meeting point	Medium severity/ low likelihood High severity/ likelihood low Medium severity/ low likelihood	Controls positioned off paths Competitors emailed prior to event Competitors emailed prior to event
Weather Excessive cold or heat	Medium severity/ low likelihood	Check clothing is appropriate for weather. Advise participants to be hydrated. Forecast checked – dry and mild
Equipment Electrical equipment	Low severity/low likelihood	Cables stored under tables