

Autumn Series 2023 - Mapruns

ns Risk Assessment for Orienteering

Name of Club / satellite club name / after school club			Humberside and Lincolnshire Orienteers
Name of person completing this form		Peter Harris	Position of person completing this form (coach, organiser etc)
Venue for session / event / activity		Thorne	Date for session / event / activity 11 th October 2023
Name of person in charge of session / event / activity			Peter Harris (Controller)
Risk assessment signed	sment signed P. Harris Mun.		Risk assessment dated 11.10.23
Risk assessment checked by	Print name		Planner Peter Harris
(name, position and date)	& position (coach mentor, controller etc):		
	Sign and data: 11.10.02		
	Sign and date: 11.10.23		

Emergency Information :

Emergency access point (for emergency vehicles)	Post code / grid reference: DN8 5DZ	Place from which signed: Event 1 Canal tavern, Thorne DN8 5DZ
Nearest A&E hospital:	Name and Post code: Goole DN14 6RX 01405 720720	Map available (where): With organiser at Start
Working telephone:	Landline or mobile: If mobile (reception checked?) Mobile reception available	Number: 07751 481332 (B Slater mobile) Organiser 07484 639477 (P Harris mobile) Controller 07920 040679 (I Harris mobile) Planner
First Aid cover	Name of first aider:Brian Slater, David Jolly,NHS Staff: Karen Cook	Located where? Note : where possible self administration of First Aid should be performed – the First Aider will give instruction

The Risk Assessment (11th October 2023)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see	Possible outcome / injury	Mitigation
suggested examples to consider)	including note on severity	What control measure?
	and likelihood of occurrence	Who is responsible?
In area to be used (indoor / outdoor): Outdoors		
Traffic	Low risk – medium/high severity	All Courses will cross roads, competitors to be warned. All known ruined fences are marked on the map.
Wire / ruined fences	Low risk – low/medium severity	Competitors aware – all events have uneven surfaces
Uneven surfaces on the course	Low risk – low/medium severity	Competitors aware – not a significant issue.
Undergrowth/tree branches	Low risk – low/medium severity	
Water/River	Low risk – high severity	Significant water courses may be present – courses planned to avoid going close to edge
Slippery surfaces	Low risk – low/medium severity	Warnings to participants about slippery ground if required.
Participants		
Clothing/shoes/equipment	Low risk - low severity	Competitors checked by Starter that they are correctly equipped.
Unexpected reactions/allergies	Low risk - low severity	First Aid Kit at registration, phone ambulance if required.
Competitors not returning	Low risk - high severity	Register maintained of starters; search procedure implemented if required.
Other people/activities in area		
Pedestrians/dog walkers/cyclists, etc	Low risk - low severity	Competitors to be warned to take care running round corners, etc. To be advised to look up frequently to avoid traffic and other collisions. Events include parkland & popular dog walking area. Competitors should give way to other users of footpaths and covered walkways etc
Stranger Danger	Low risk – high severity	Event in Daylight hours – no under 16's

Weather		
Bad weather (wet/cold)	Medium risk - medium severity	Mild October 15 degrees .
Environment		
Equipment Computer equipment	Low risk - low/medium severity	Equipment under cover in inclement weather-Cabling to be kept tidy and retained in car, all connections to be secure.

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

Area to be used: Indoors	Area to be used: Outdoors	Equipment:
Floor surface	Uneven surfaces	Pin punches
 Other equipment/obstacles 	Slopes/steps	Cane tops
 Shared use (dining room / other 	 Slippery surfaces 	Tent guys
activities)	Tree roots/branches	 Electrical equipment – cables
	 Vegetation (prickly, stinging) 	
	Wire / ruined fences	
	Walls to be climbed	
	 Litter (glass, used needles) 	
	 Water (streams, rivers, ponds) 	
	Cliffs / crags	
	 Traffic (including road crossings) 	
	Rail / tram lines	
	Mineshafts / caves	
	Military debris	
Participants:	Other people / activities in area:	Weather:
 Clothing / shoes 	Walking dogs	Cold / heat
 Existing medical conditions 	Cyclists	Rain / snow / hail
 Unexpected reactions/allergies 	Horse riders	Excessive wind
Disorientation	Forestry operations	Lightning
Tiredness	Park maintenance	
	Shooting / archery	
	Golf	
	Stranger danger	