

Risk Assessment for Orienteering



Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		HALO - Humberside & Lincolnshire Orienteers	
Name of person completing this form	Helena Crutchley	Position of person completing this form (coach, organiser etc)	Organiser
Venue for session / event / activity	Brough. Event centre at green space adjacent to junction of Wiske Avenue & Broadley Way	Date for session / event / activity	29/10/2023
Name of person in charge of session / event / activity		Helena Crutchley	
Risk assessment signed		Risk assessment dated	26/09/2023
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc):	Brian Slater – Controller	
	Signed TBA		

Emergency Information :

Emergency access point (for emergency vehicles)	Post code / grid reference: .HU15 1GD	Place from which signed: Not signed
Nearest A&E hospital:	Urgent treatment centres at: Beverley Swinemoor Lane Beverley HU17 0FA Goole Woodland Avenue Goole DN14 6RX A&E at: Hull Royal Infirmary Anlaby Road Hull HU3 2JZ	Map available (where): With organiser at Registration
Working telephone:	Landline or mobile: If mobile (reception checked?) Mobile reception available	Number: 07942 678400 (HALO mobile)
First Aid cover	Name of first aider: any one of: - Brian Slater	Located where? Registration (includes defibrillator)

The Risk Assessment

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation • What control measure? Who is responsible?
<p>In area to be used (indoor / outdoor): Outdoors Traffic</p> <p>Uneven surfaces on the course</p> <p>Undergrowth/tree branches</p> <p>Water/River</p> <p>Slippery surfaces/possibly dew</p>	<p>Medium risk – medium/high severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p>	<p>All courses will cross predominantly minor roads, competitors to be warned. Highway Code to be followed. Under 16's courses planned on paths, minor roads and open areas. One manned crossing for older Juniors.</p> <p>Competitors aware – all events have uneven surfaces</p> <p>Competitors aware – not a significant issue for an urban event.</p> <p>Area only has minor ditches which are adjacent to OOB so competitors will use bridges</p> <p>Warnings to participants about slippery ground if required.</p>
<p>Participants</p> <p>Clothing/shoes/equipment</p> <p>Unexpected reactions/allergies</p> <p>Competitors not returning</p>	<p>Low risk - low severity</p> <p>Low risk – all ranges severity</p> <p>Low risk - high severity</p>	<p>Competitors checked by Starter that they are correctly equipped.</p> <p>First Aid Kit at registration, phone ambulance if required.</p> <p>Register maintained of starters, search procedure implemented if required.</p>

<p>Other people/activities in area</p> <p>Pedestrians/dog walkers/cyclists, etc Human collisions exiting/entering narrow passages</p> <p>Stranger Danger</p> <p>Marshall/Officials</p>	<p>Low risk - low severity</p> <p>Low risk – high severity</p> <p>Low risk – low severity</p>	<p>Competitors to be warned to take care running round corners, etc. Competitors should give way to other users of footpaths.</p> <p>Random Checks & ‘following’ when U16’s competing.</p> <p>Briefed and Wear Hi Vis Tabards plus all Officials have been on an Event Safety Workshop</p>
<p>Weather</p> <p>Bad weather (wet/cold)</p> <p>Heat</p>	<p>Low risk - low severity</p> <p>Medium risk - medium severity</p>	<p>Advise participants to dress appropriately</p> <p>Advise participants to be hydrated. (Organiser)</p> <p>Organiser (HC) to check weather forecast prior to event</p>
<p>Equipment</p> <p>Computer equipment</p> <p>Tents – pegs & guy ropes</p>	<p>Low risk - low/medium severity</p> <p>Medium risk – low/medium severity</p>	<p>Cabling to be kept tidy, all connections to be secure.</p> <p>Tents pitched away from through routes; ropes taped where necessary</p>

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

<p>Area to be used: Indoors Floor surface Other equipment/obstacles Shared use (dining room / other activities)</p>	<p>Area to be used: Outdoors Uneven surfaces Slopes/steps Slippery surfaces Tree roots/branches Vegetation (prickly, stinging) Wire / ruined fences Walls to be climbed Litter (glass, used needles) Water (streams, rivers, ponds) Cliffs / crags Traffic (including road crossings) Rail / tram lines Mineshafts / caves Military debris</p>	<p>Equipment: Pencils in hand when running Pin punches Cane tops Tent guys Electrical equipment – cables Generators Cooking equipment</p>
<p>Participants: Clothing / shoes Existing medical conditions Unexpected reactions/allergies Disorientation Tiredness</p>	<p>Other people / activities in area: Walking dogs Cyclists Horse riders Forestry operations Park maintenance Shooting / archery Golf Stranger danger</p>	<p>Weather: Cold / heat Rain / snow / hail Excessive wind Lightning</p>