


Name of Club / satellite club name / after school club		Humberside and Lincolnshire Orienteers
Name of person completing this form	Peter Harris	Position of person completing this form (coach, organiser etc)
Venue for session / event / activity	Lodge Moor Estate & Kingsway Nature Reserve	Date for session / event / activity
Name of person in charge of session / event / activity		Peter Harris (Controller)
Risk assessment signed	<i>P. Harris</i> 	Risk assessment dated 24.6.23
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc):	Planner Isoldt Harris
	Sign and date: 24.6.23	

Emergency Information :

Emergency access point (for emergency vehicles)	Post code / grid reference: DN15 7UA/ SE866110	Place from which signed: Kingsway, scunthorpe – event 1 Minster road , Scunthorpe
Nearest A&E hospital:	Name and Post code: Scunthorpe DN15 7BH (Cliff Gardens) 01724-282282	Map available (where): With organiser at Start
Working telephone:	Landline or mobile: If mobile (reception checked?) Mobile reception available	Number: 07751 481332 (B Slater mobile) Organiser 07484 639477 (P Harris mobile) Controller 07920 040679 (I Harris mobile) Planner
First Aid cover	Name of first aider: Brian Slater, David Jolly, NHS Staff: Karen Cook	Located where? Start plus Defibrillator Note : where possible self administration of First Aid should be performed – the First Aider will give instruction

The Risk Assessment (24th June 2023 – Lodge Moor and Kingsway)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
<p>In area to be used (indoor / outdoor): Outdoors</p> <p>Traffic</p> <p>Wire / ruined fences</p> <p>Uneven surfaces on the course</p> <p>Undergrowth/tree branches</p> <p>Water/River</p> <p>Slippery surfaces</p>	<p>Low risk – medium/high severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – high severity</p> <p>Low risk – low/medium severity</p>	<p>All Sprint Courses(part 2) will cross roads, but in a restricted traffic area; competitors to be warned. Courses mainly use small paths ,and open areas Event 1 Competitors on foot may have to cross main road after the finish to event centre Competitors using the Maprun will have to cross main road to access event All known ruined fences are marked on the map.</p> <p>Competitors aware – all events have uneven surfaces</p> <p>Competitors aware – not a significant issue.</p> <p>No significant water courses</p> <p>Warnings to participants about slippery ground if required.</p>
<p>Participants</p> <p>Clothing/shoes/equipment</p> <p>Unexpected reactions/allergies</p> <p>Competitors not returning</p> <p>Ticks</p>	<p>Low risk - low severity</p> <p>Low risk - low severity</p> <p>Low risk - high severity</p> <p>Medium risk – medium severity</p>	<p>Competitors checked by Starter that they are correctly equipped.</p> <p>First Aid Kit at registration, phone ambulance if required.</p> <p>Register maintained of starters; search procedure implemented if required.</p> <p>Competitors advised to wear full leg cover and to check after run.</p>
<p>Other people/activities in area</p> <p>Pedestrians/dog walkers/cyclists, etc</p>	<p>Low risk - low severity</p>	<p>Competitors to be warned to take care running round corners, etc. To be advised to look up frequently to avoid traffic and other collisions.</p>

Stranger Danger	Low risk – high severity	Event 1 popular dog walking area. Competitors should give way to other users of footpaths and covered walkways etc Event in Daylight hours
Weather Bad weather (wet/cold) Heat	Medium risk - medium severity Low risk - medium severity	Weather expected to be good Advise participants to be hydrated. (Organiser) Controller (PH) to check weather forecast prior to event (As at 21 Jun, expected weather –Warm & Dry, 24°C)
Equipment Computer equipment	Low risk - low/medium severity	Inside -Cabling to be kept tidy and retained in car, all connections to be secure.

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

<p>Area to be used: Indoors</p> <ul style="list-style-type: none"> • Floor surface • Other equipment/obstacles • Shared use (dining room / other activities) 	<p>Area to be used: Outdoors</p> <ul style="list-style-type: none"> • Uneven surfaces • Slopes/steps • Slippery surfaces • Tree roots/branches • Vegetation (prickly, stinging) • Wire / ruined fences • Walls to be climbed • Litter (glass, used needles) • Water (streams, rivers, ponds) • Cliffs / crags • Traffic (including road crossings) • Rail / tram lines • Mineshafts / caves • Military debris 	<p>Equipment:</p> <ul style="list-style-type: none"> • Pin punches • Cane tops • Tent guys • Electrical equipment – cables
<p>Participants:</p> <ul style="list-style-type: none"> • Clothing / shoes • Existing medical conditions • Unexpected reactions/allergies • Disorientation • Tiredness 	<p>Other people / activities in area:</p> <ul style="list-style-type: none"> • Walking dogs • Cyclists • Horse riders • Forestry operations • Park maintenance • Shooting / archery • Golf • Stranger danger 	<p>Weather:</p> <ul style="list-style-type: none"> • Cold / heat • Rain / snow / hail • Excessive wind • Lightning